



15th European AIDS Conference
October 21-24, Barcelona, Spain

Outcome of TB in HIV Infected Patients in Eastern Europe

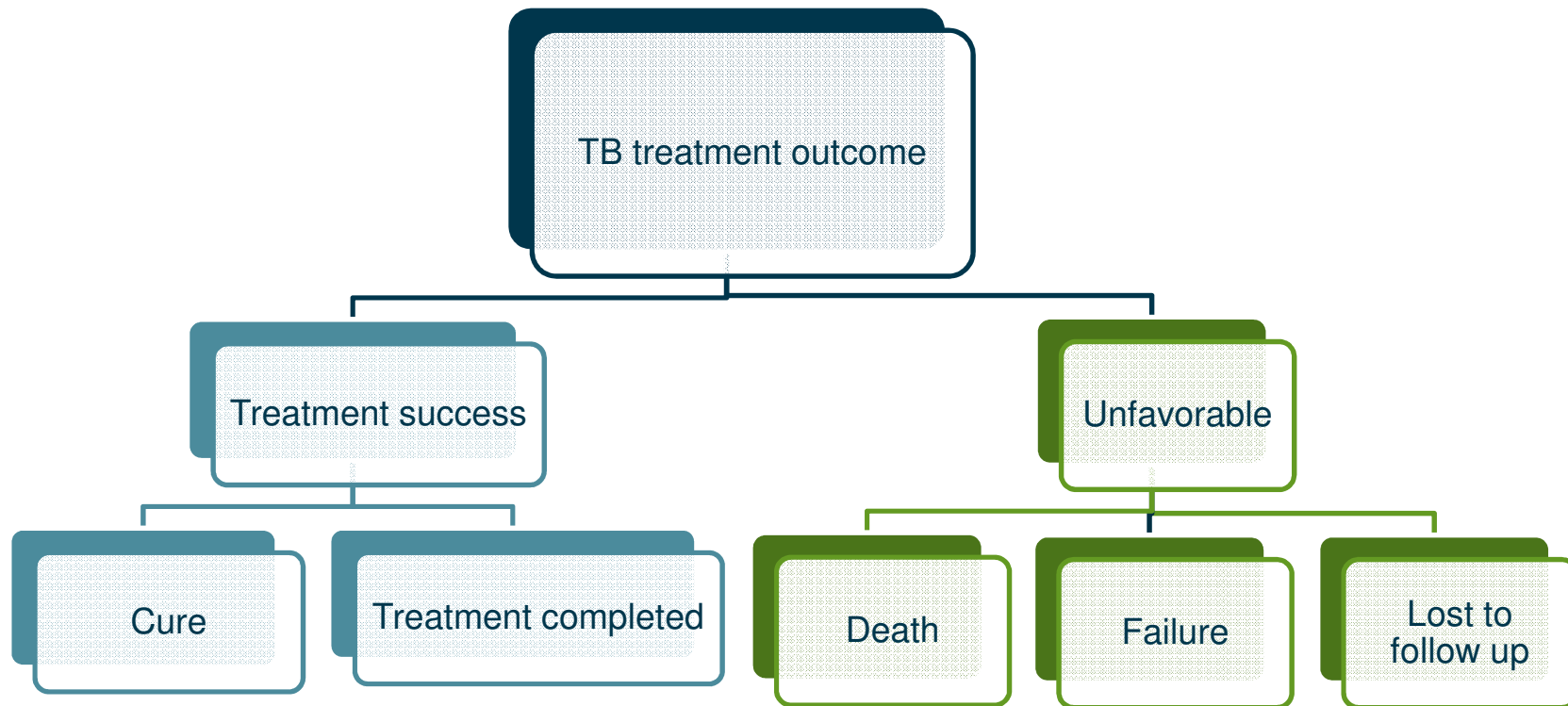
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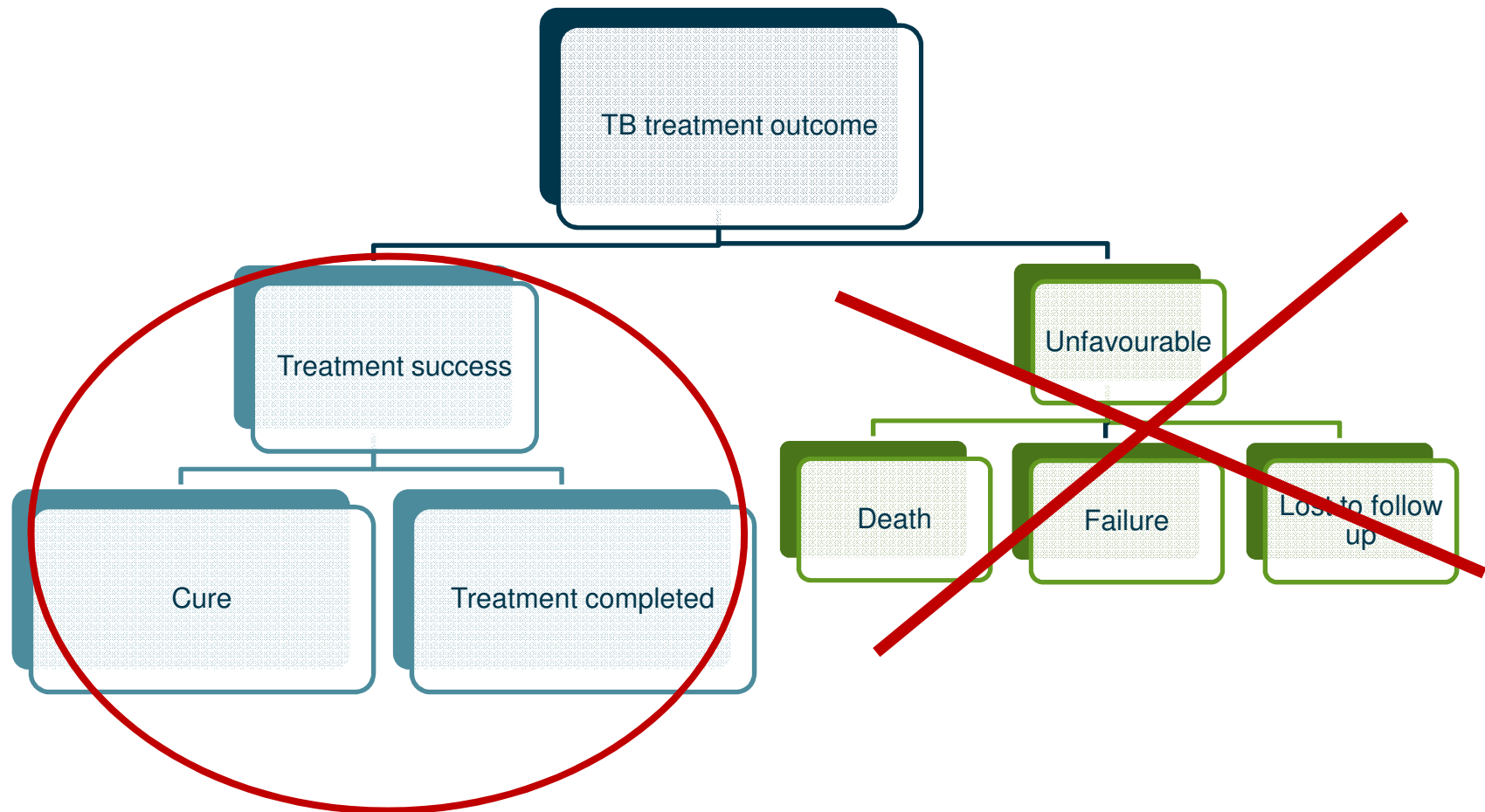
Disclosure

- I do not have any conflicts of interests

WHO definition of TB treatment outcome



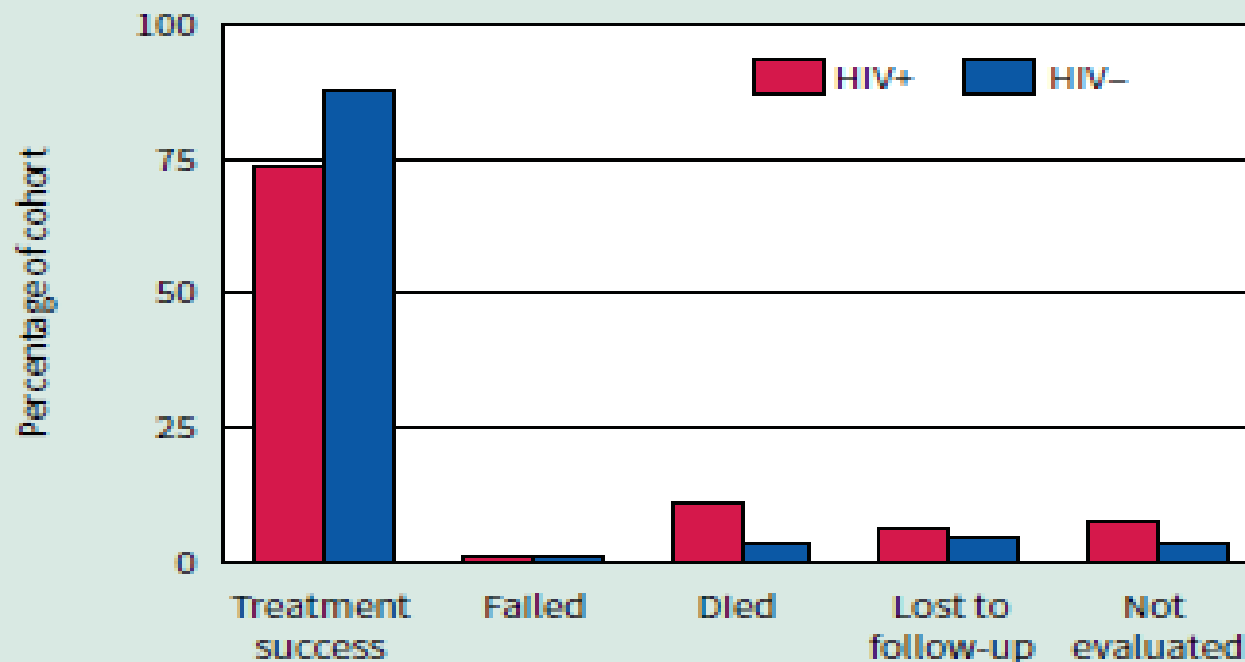
WHO definition of TB treatment outcome




WHO TB report 2014

FIGURE B4.6.1

Outcomes of TB treatment by HIV status, 2012



- TB treatment success 2012: African region 81% vs. European region 75%
- Treatment outcomes for patients treated on second-line regimens: 50% or less in most regions

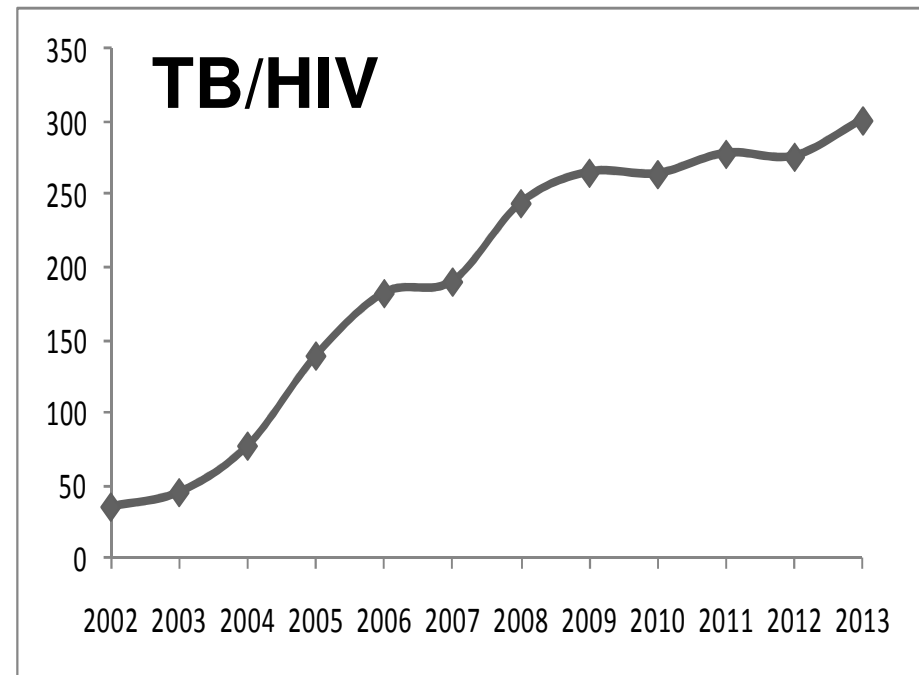
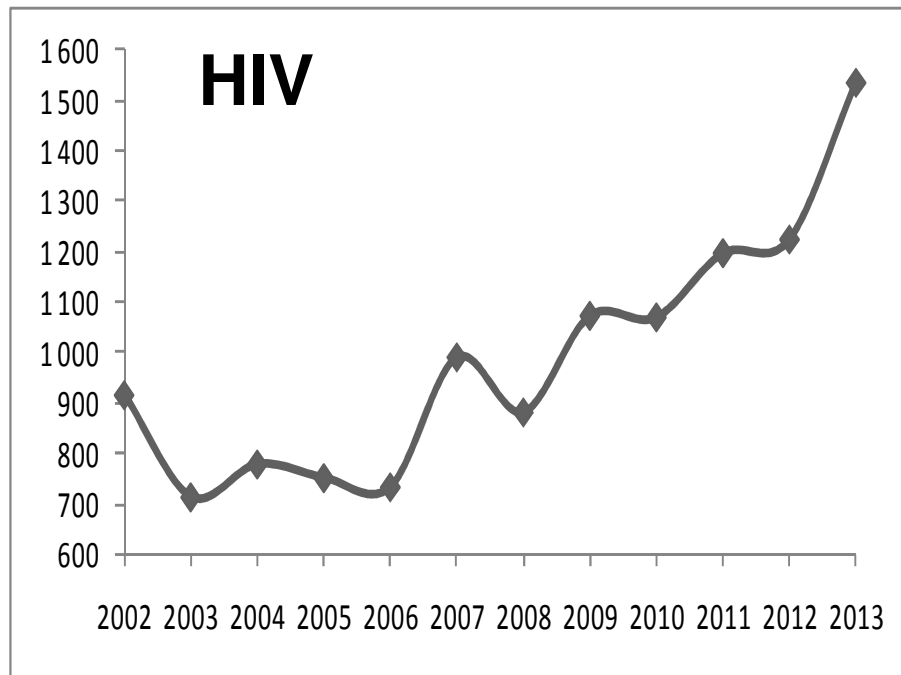
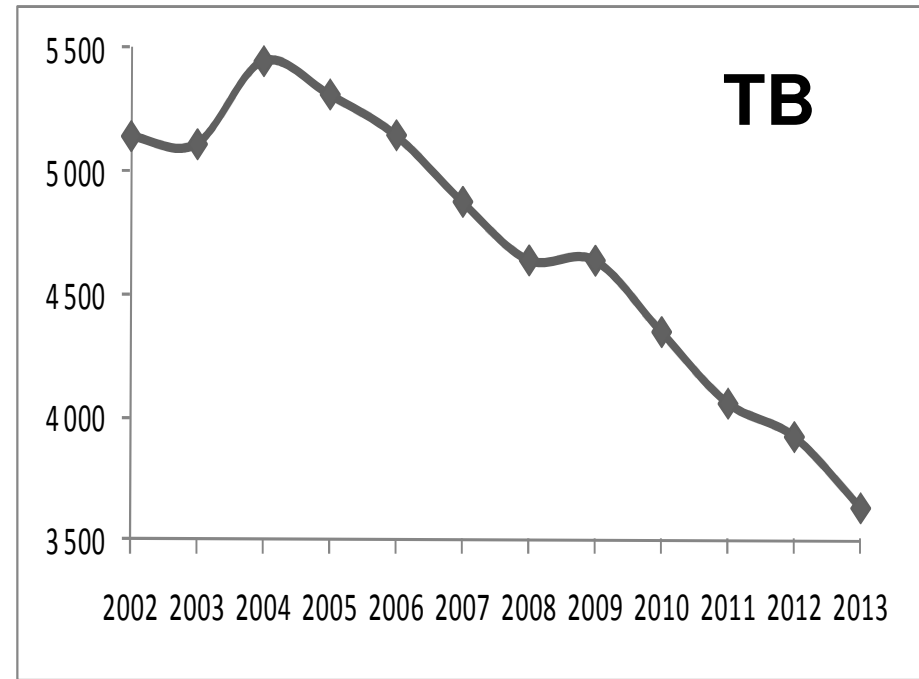


TB/HIV EPIDEMIC IN EASTERN EUROPE

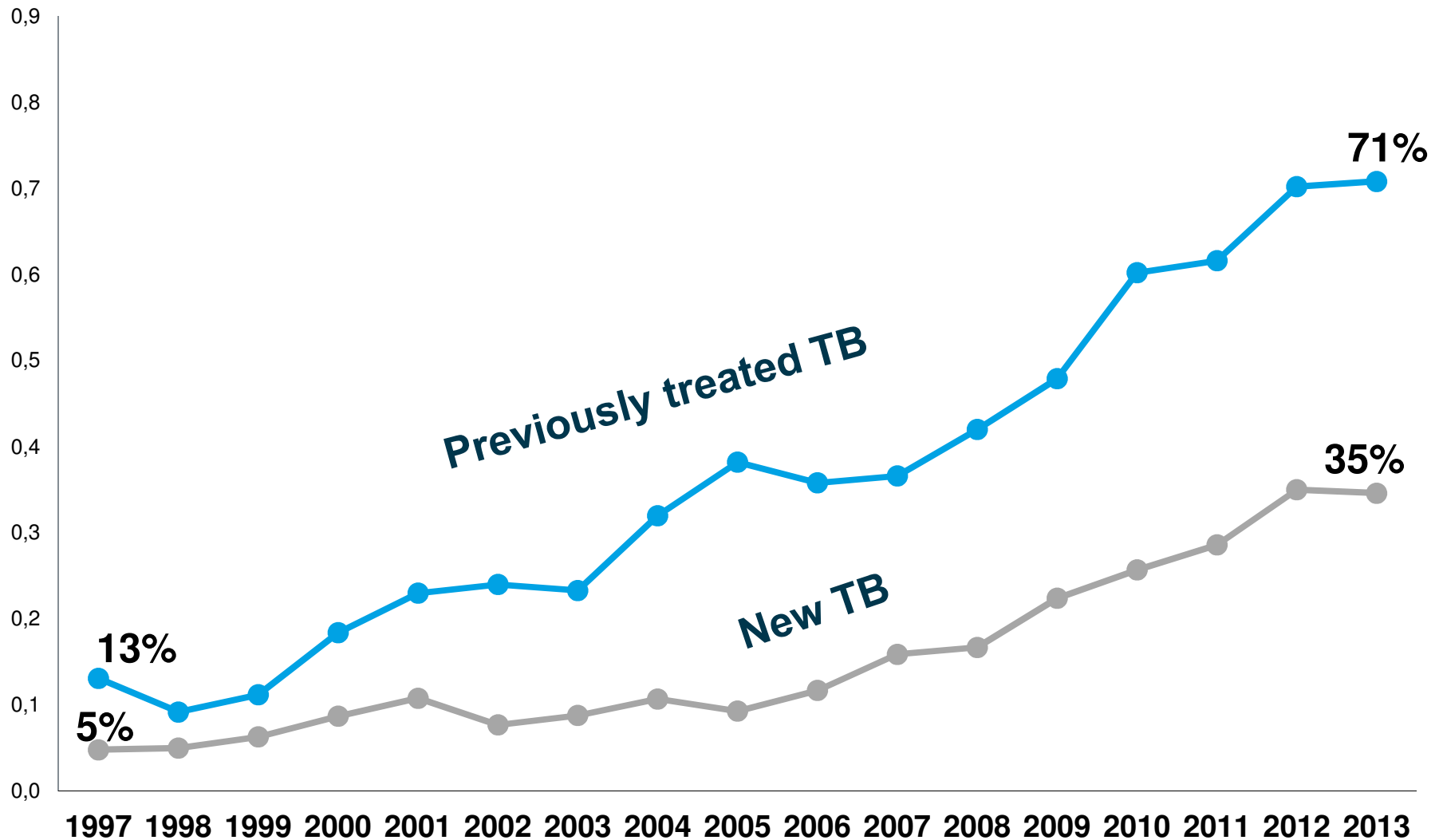
TB/HIV Epidemic in Eastern Europe

Example of Belarus

A. Skrahina. Personal communication

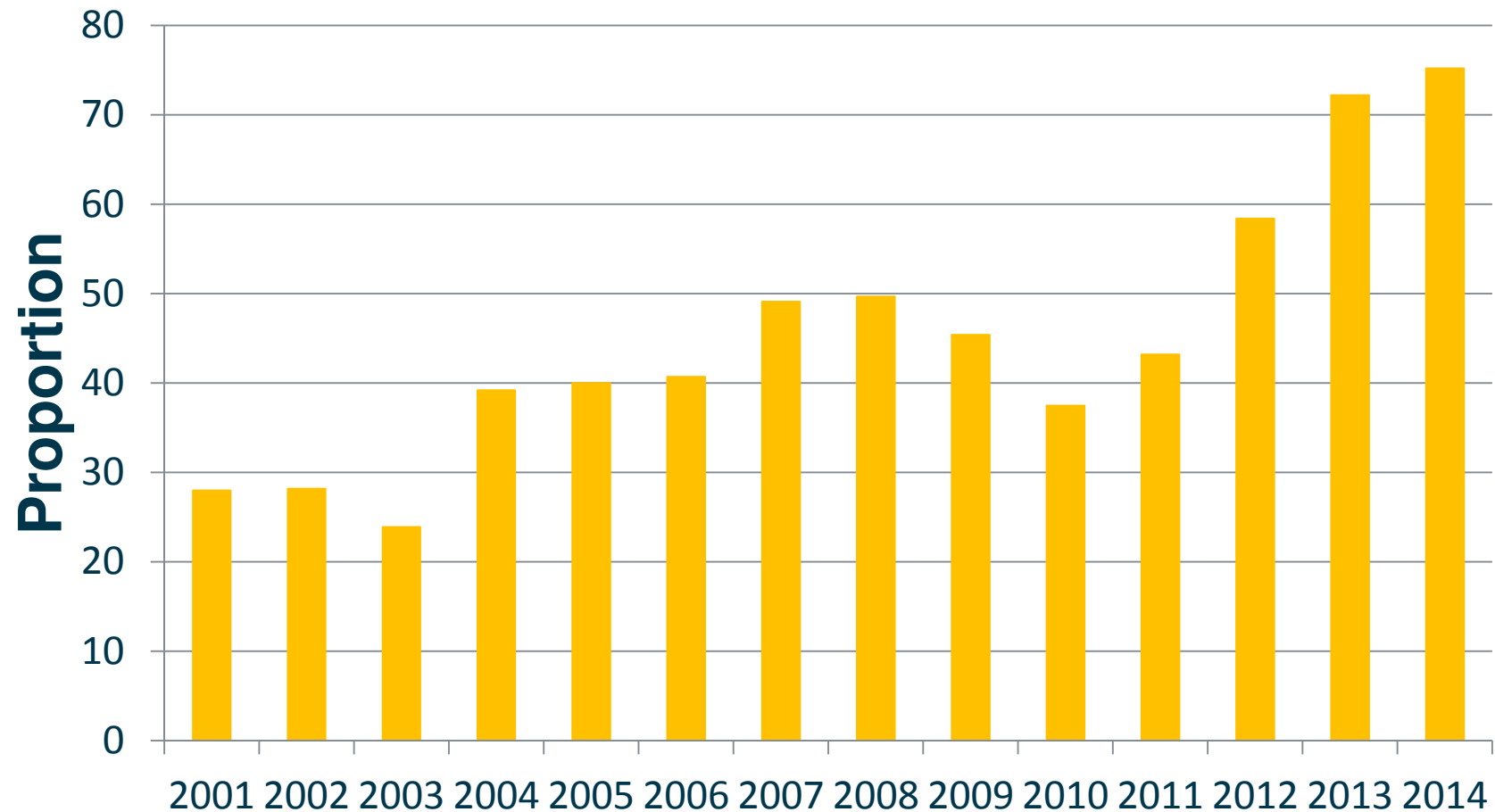


MDR-TB Epidemic - Example of Belarus



A. Skrahina. Personal communication

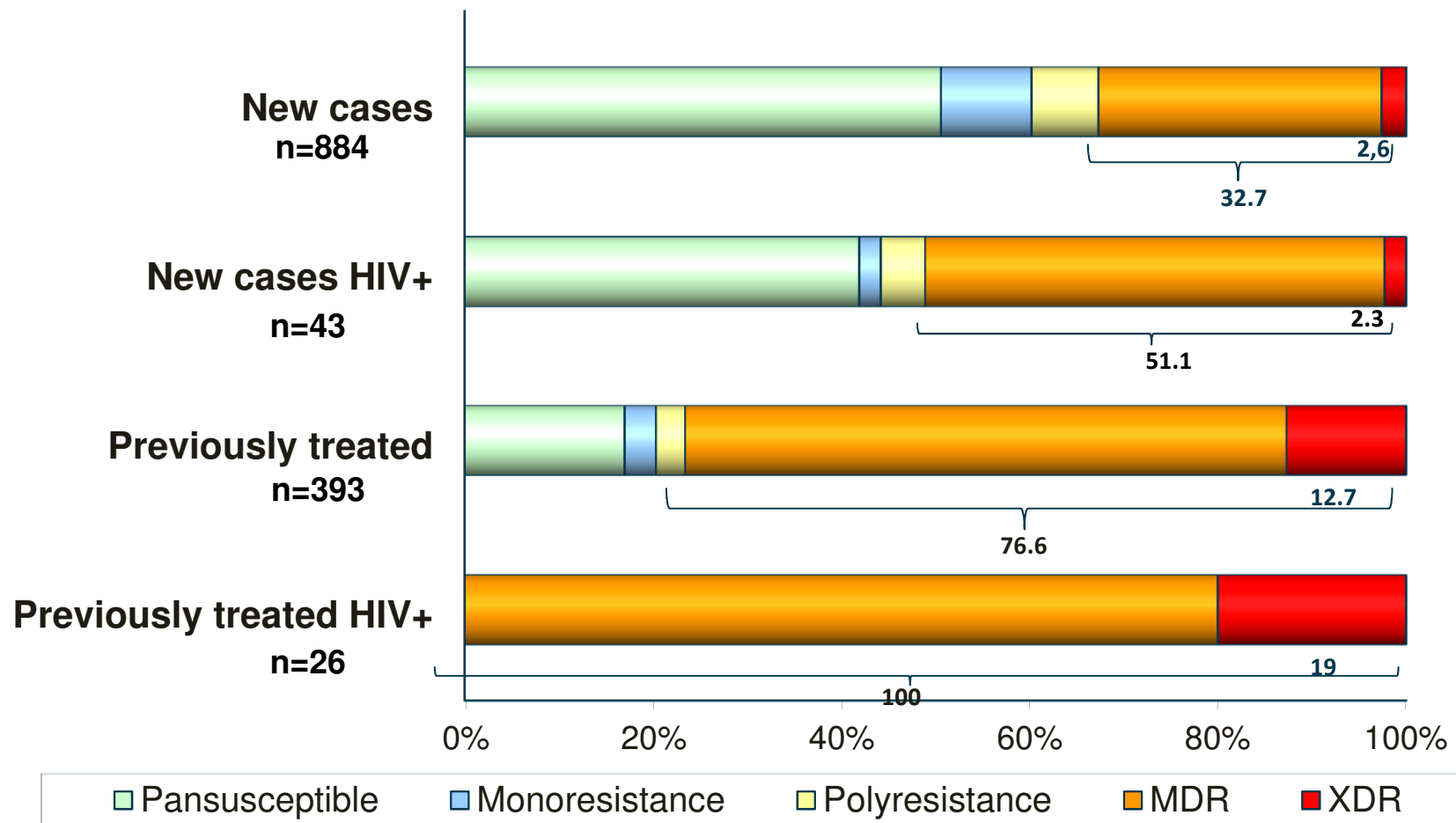
Primary MDR-TB in TB/HIV patients in St. Petersburg, Russia



A Pantelev. Personal communication

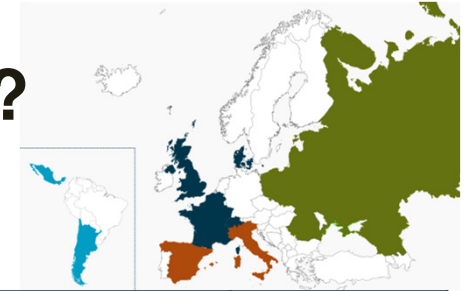
MDR-TB and HIV co-infection

A study from Belarus



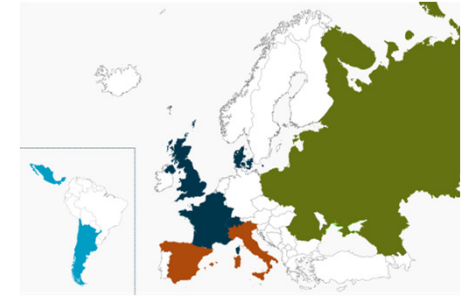
Who are TB/HIV patients in Eastern Europe?

The TB:HIV Study

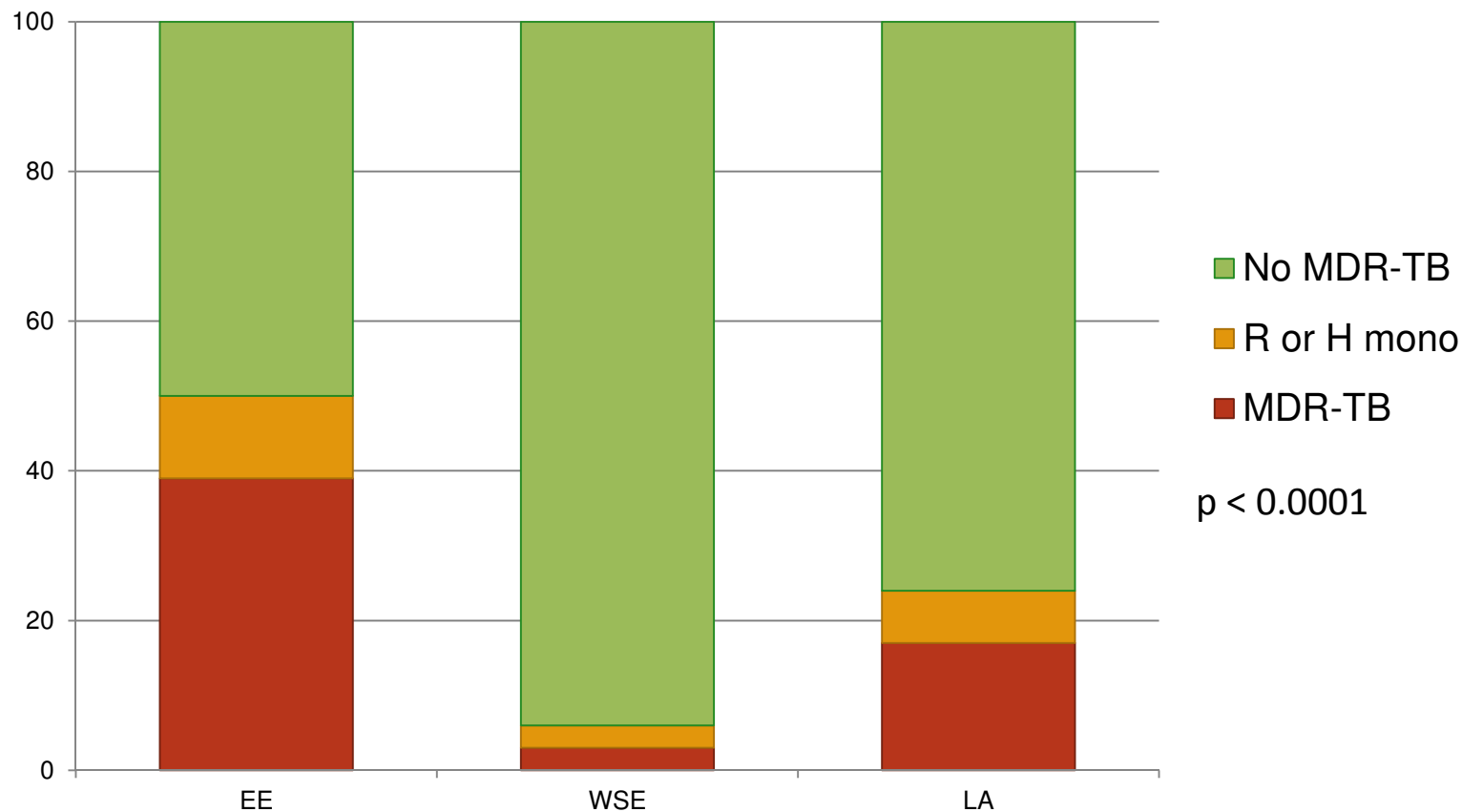


	Eastern Europe N = 844	Western Europe N = 152	Southern Europe N = 164	Latin America N = 253	P-value
Age (median, IQR)	35 (31 - 40)	37 (32 - 48)	42 (33 - 48)	38 (30 - 45)	<.0001
Gender (female, %)	24.9	44.1	27.4	26.5	<.0001
Ethnicity (white, %)	95.2	26.2	72.3	19.0	<.0001
CD4 count (median, (IQR))	107 (35 - 254)	149 (35 - 360)	129 (38 - 315)	96 (35 - 289)	0.12
HIV+ more than 3 months before TB diagnosis	75.2	54.0	60.4	62.1	<.0001
HIV treatment, cART (%)	16.6	39.5	43.9	35.2	<.0001
TB Risk Group					
- IDU (%)	61.1	9.2	29.3	15.0	<.0001
- In prison last 2 years (%)	18.6	2.6	4.9	6.7	<.0001
TB in the past, yes (%)	13.4	10.1	14.5	16.5	0.36
Current OST, yes ¹ (%)	3.7	66.7	48.8	0	<.0001

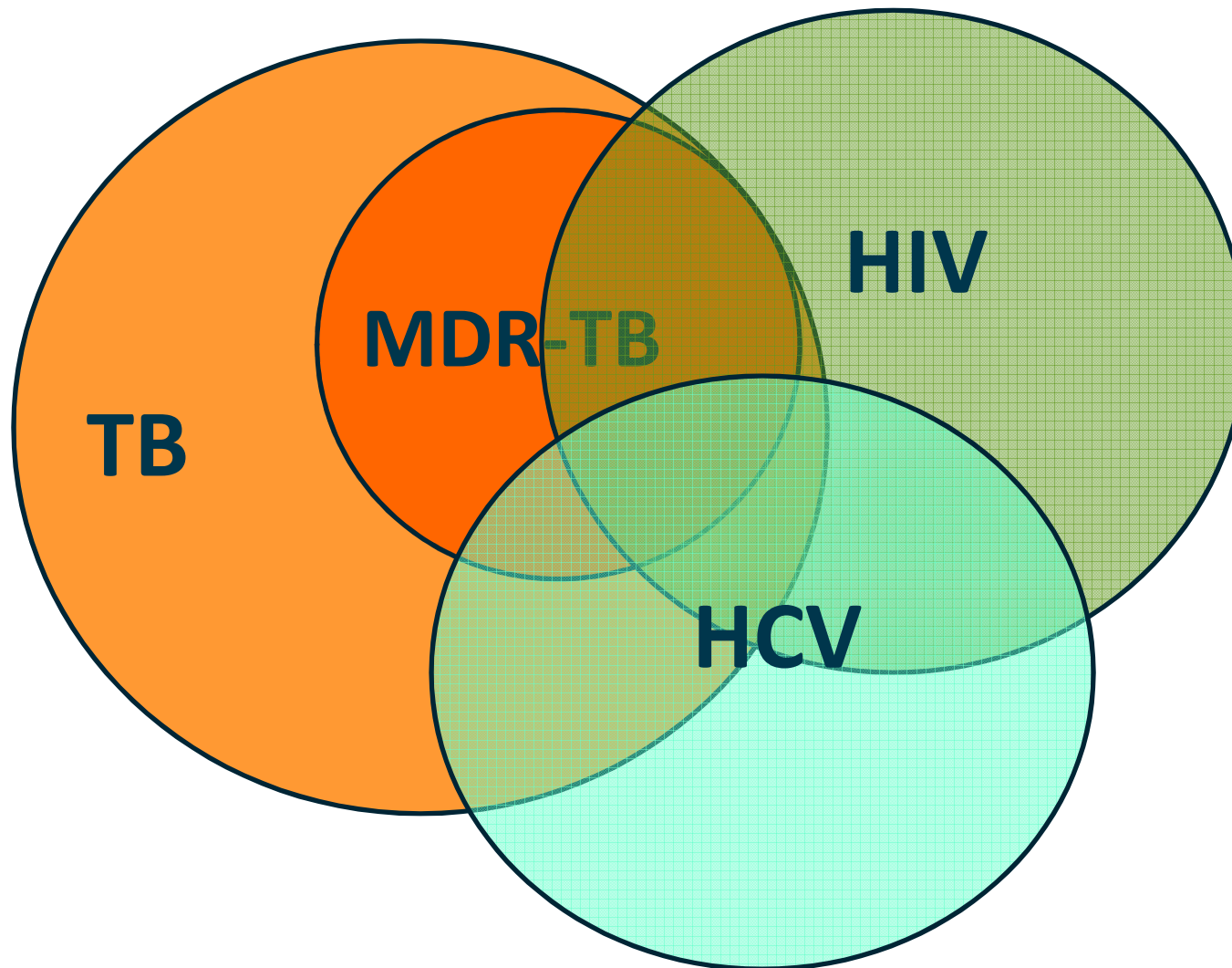
MDR-TB prevalence among those tested for MDR. The TB:HIV Study



- **576** had baseline DST performed
 - **495** (86%) had data on both R and H resistance



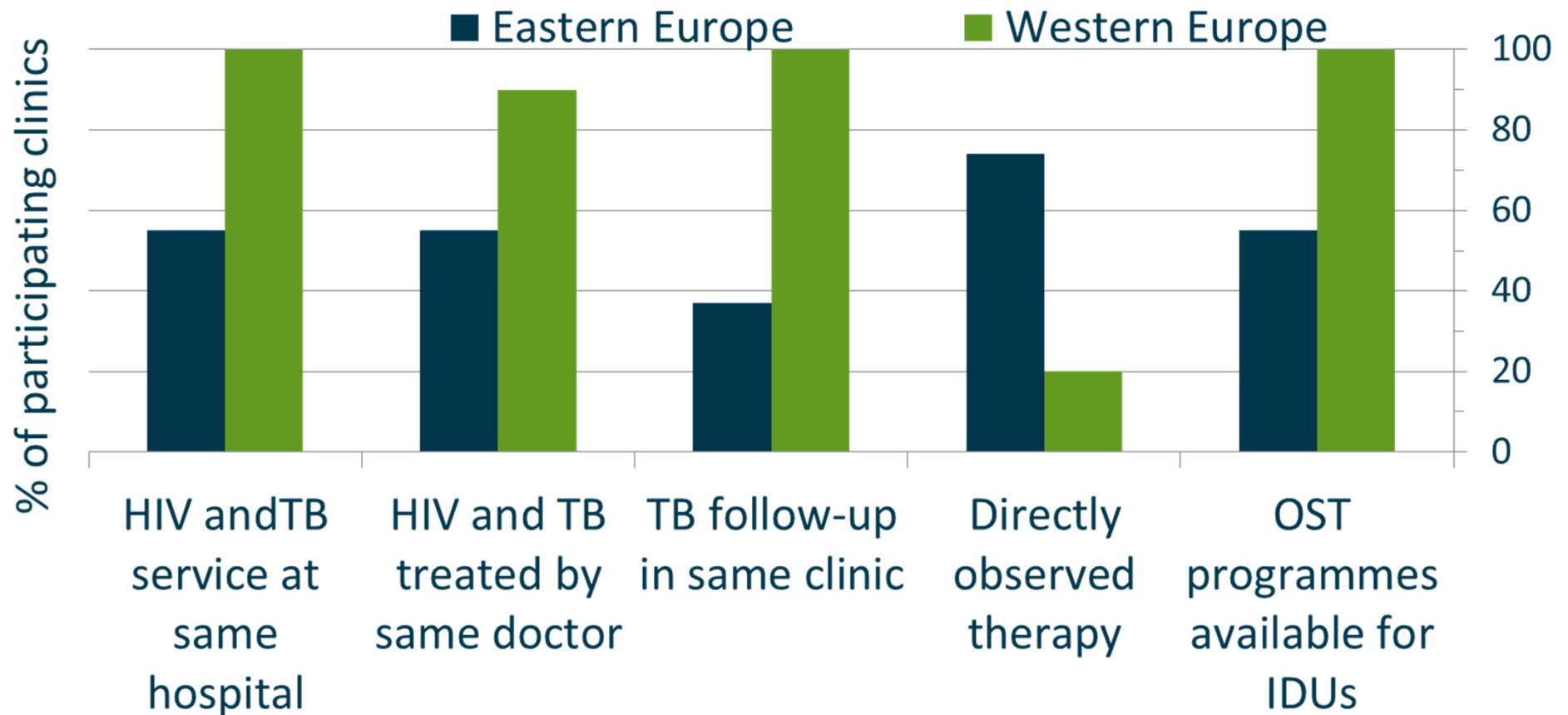
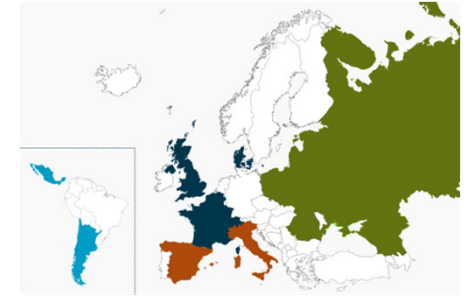
HIV and TB epidemics in Eastern Europe





MANAGEMENT OF TB AND HIV IN EASTERN EUROPE

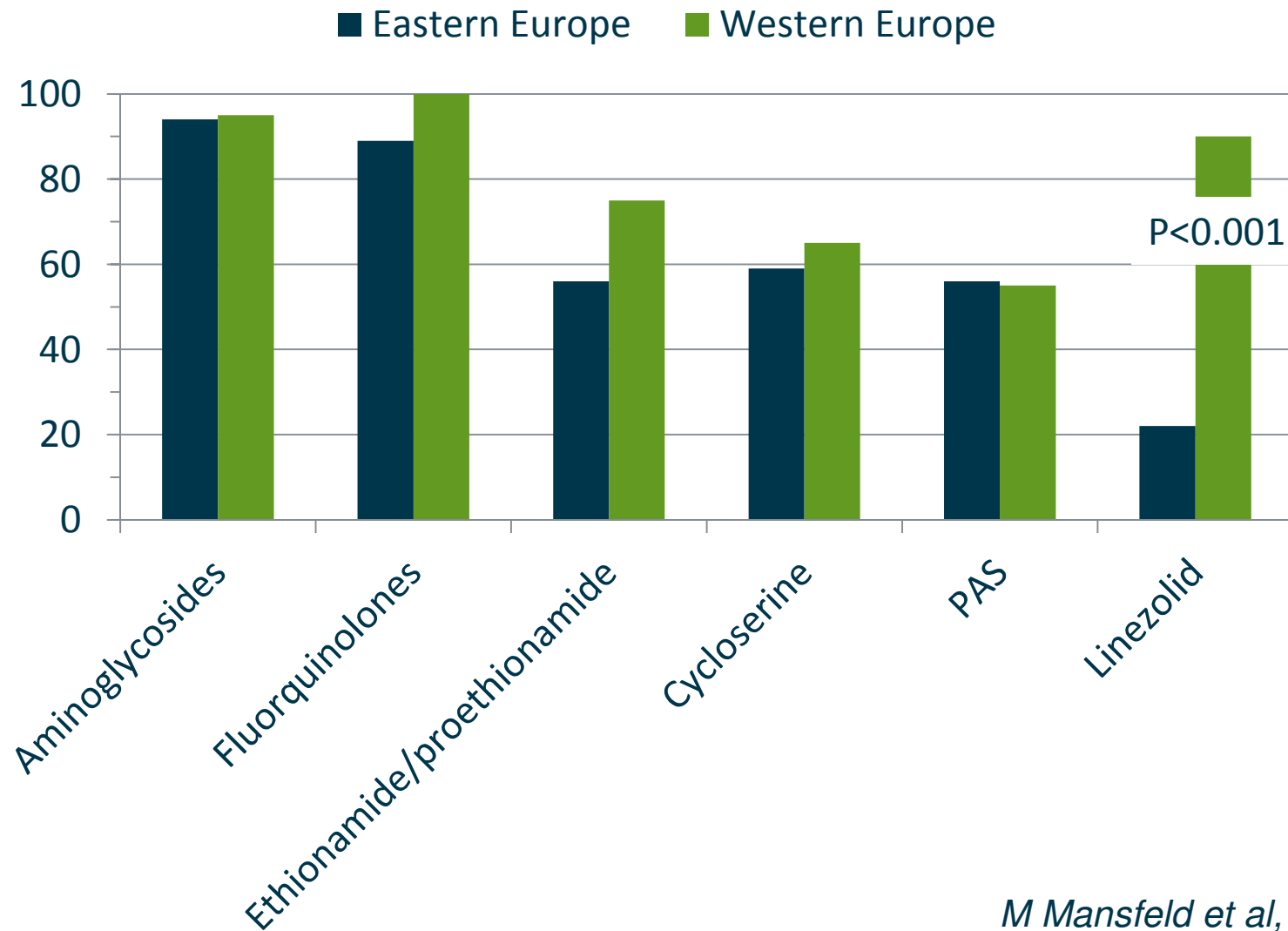
Organisational set-up of TB services - results from a survey



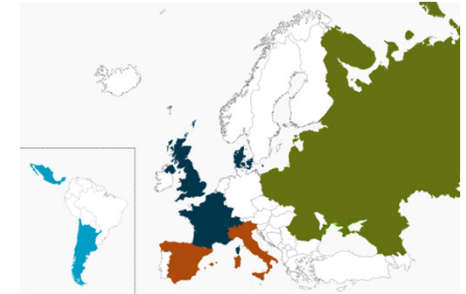
All, $p < 0.001$; OST: opiate substitution therapy

Availability of anti-TB drugs

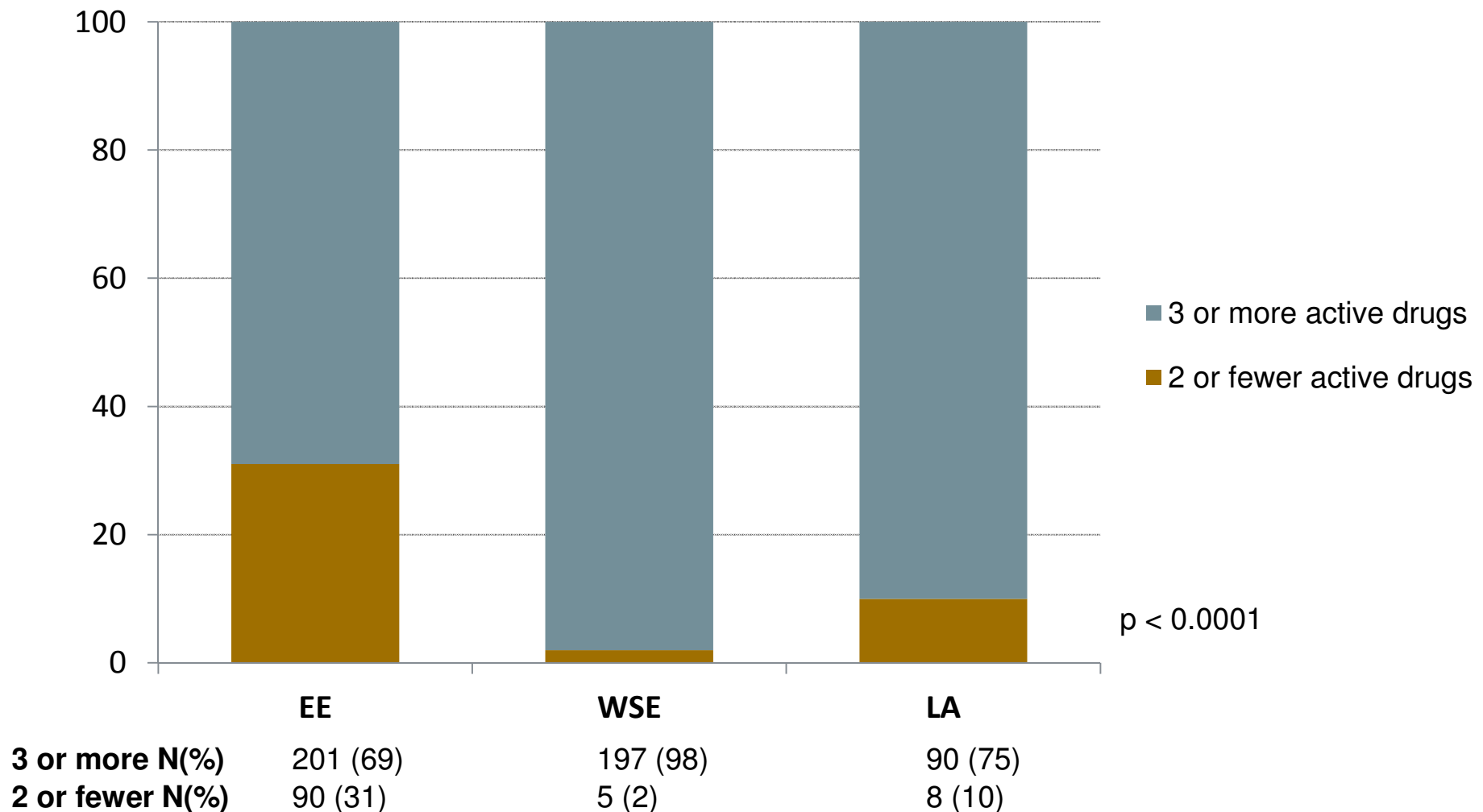
Reported 'unlimited access' to 2nd and 3rd line anti-TB drugs



Number of active drugs in the initial regimen. The TB:HIV Study

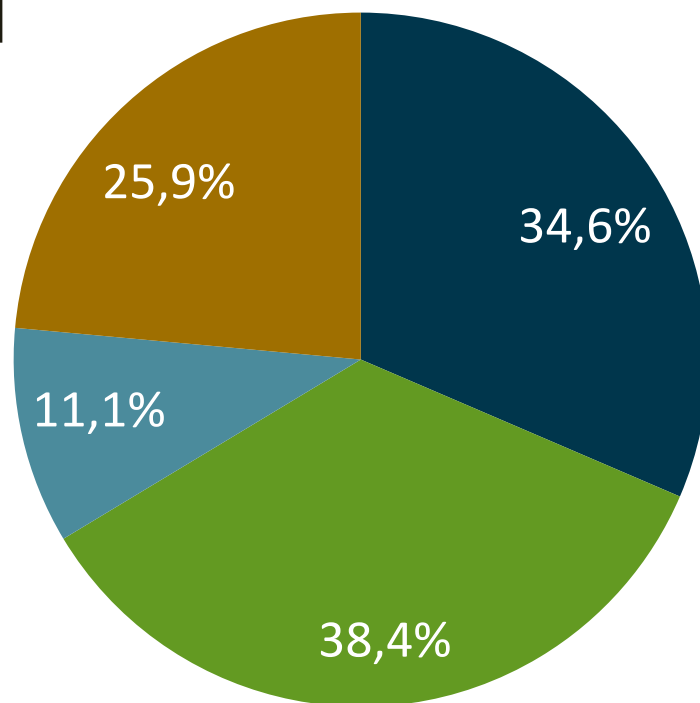


- 576 (41%) had baseline DST performed



Number of active drugs in the initial regimen TB/HIV cohort from St. Petersburg, 2013

N=81

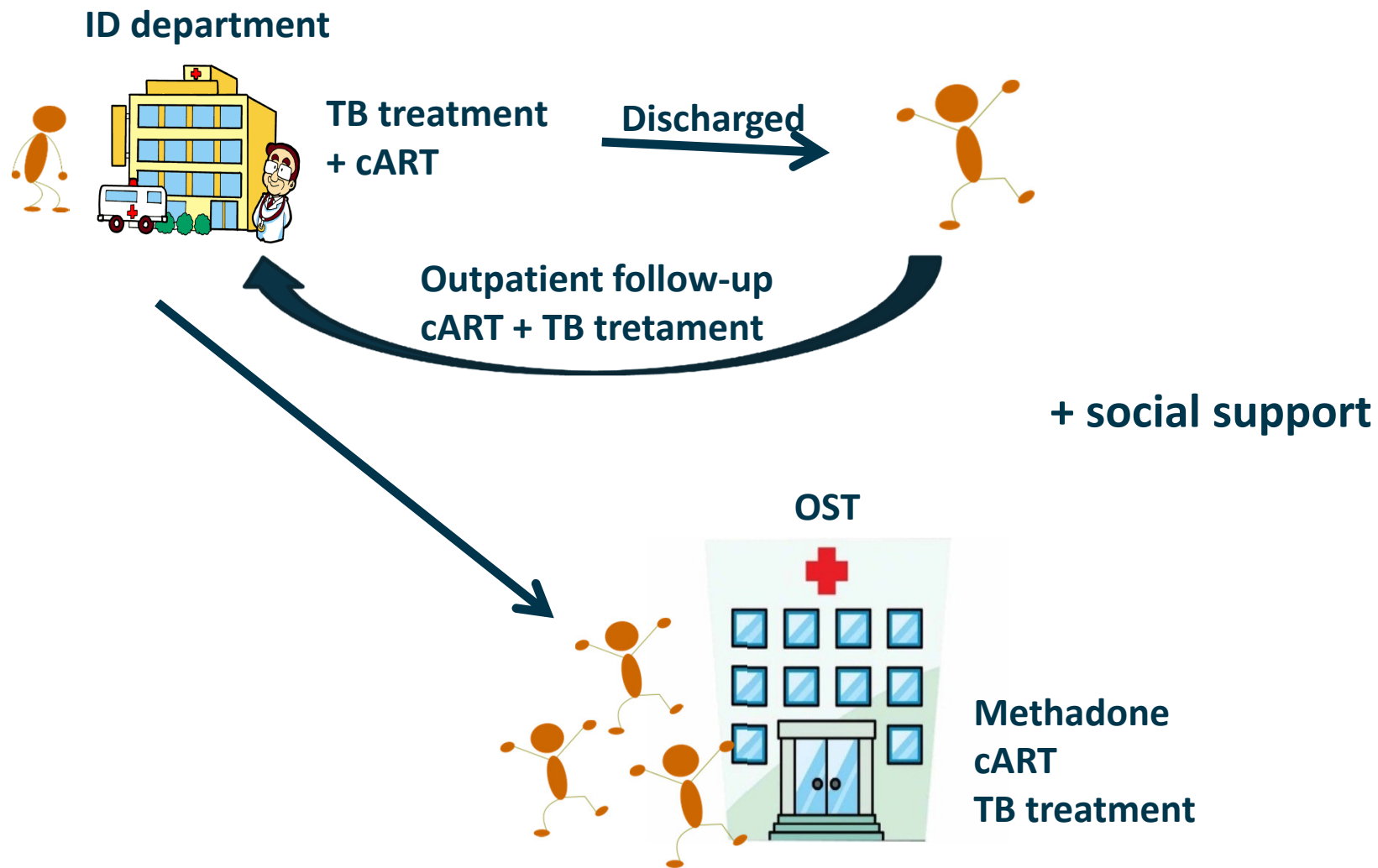


■ 0 drugs ■ 1 drug ■ 2 drugs ■ 3 drugs

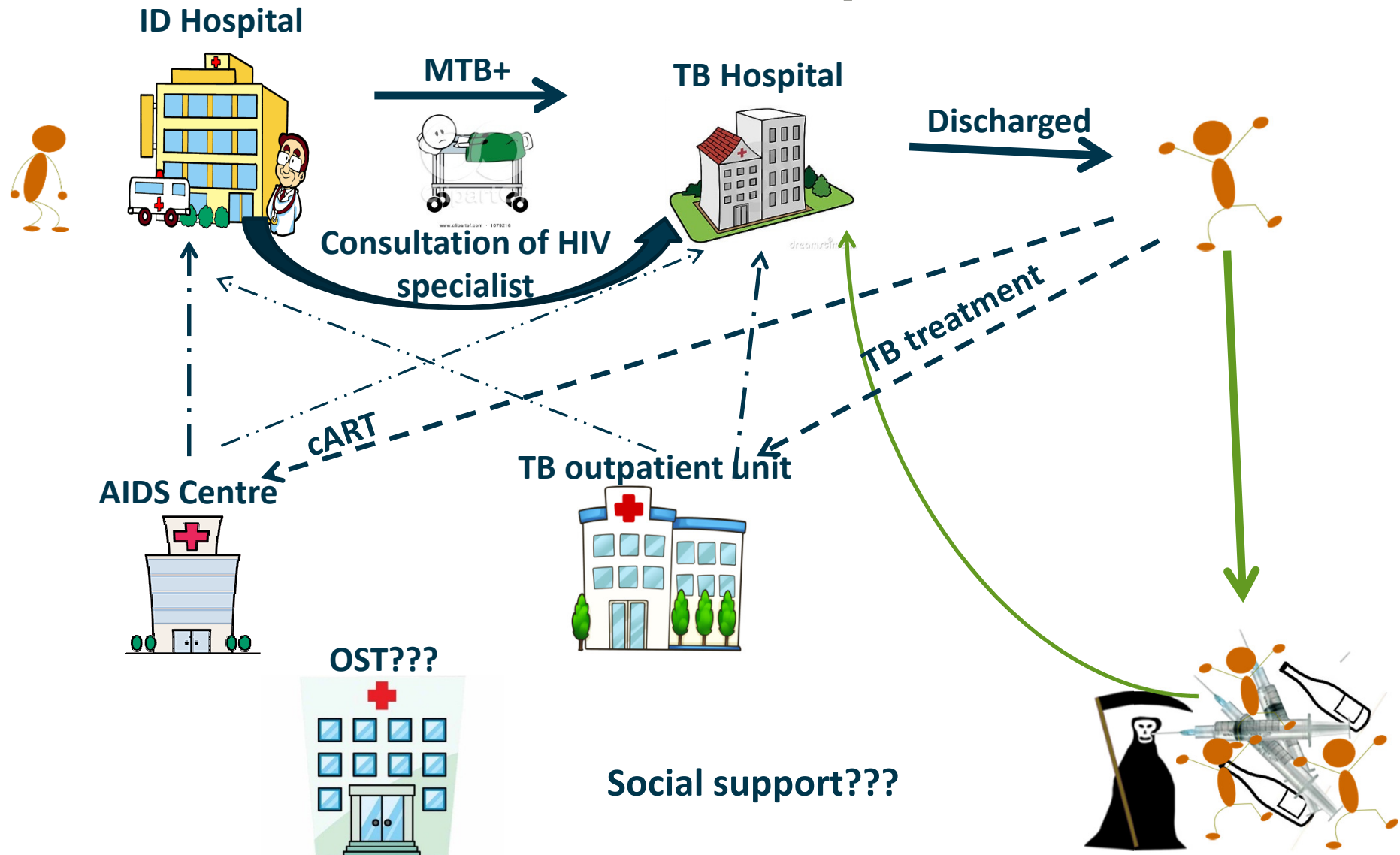
	Mortality, %
0	57,1
1	39,1
2	33,3
3	23,8

A. Panteleev. Personal communication

Management of TB/HIV patient in Western Europe



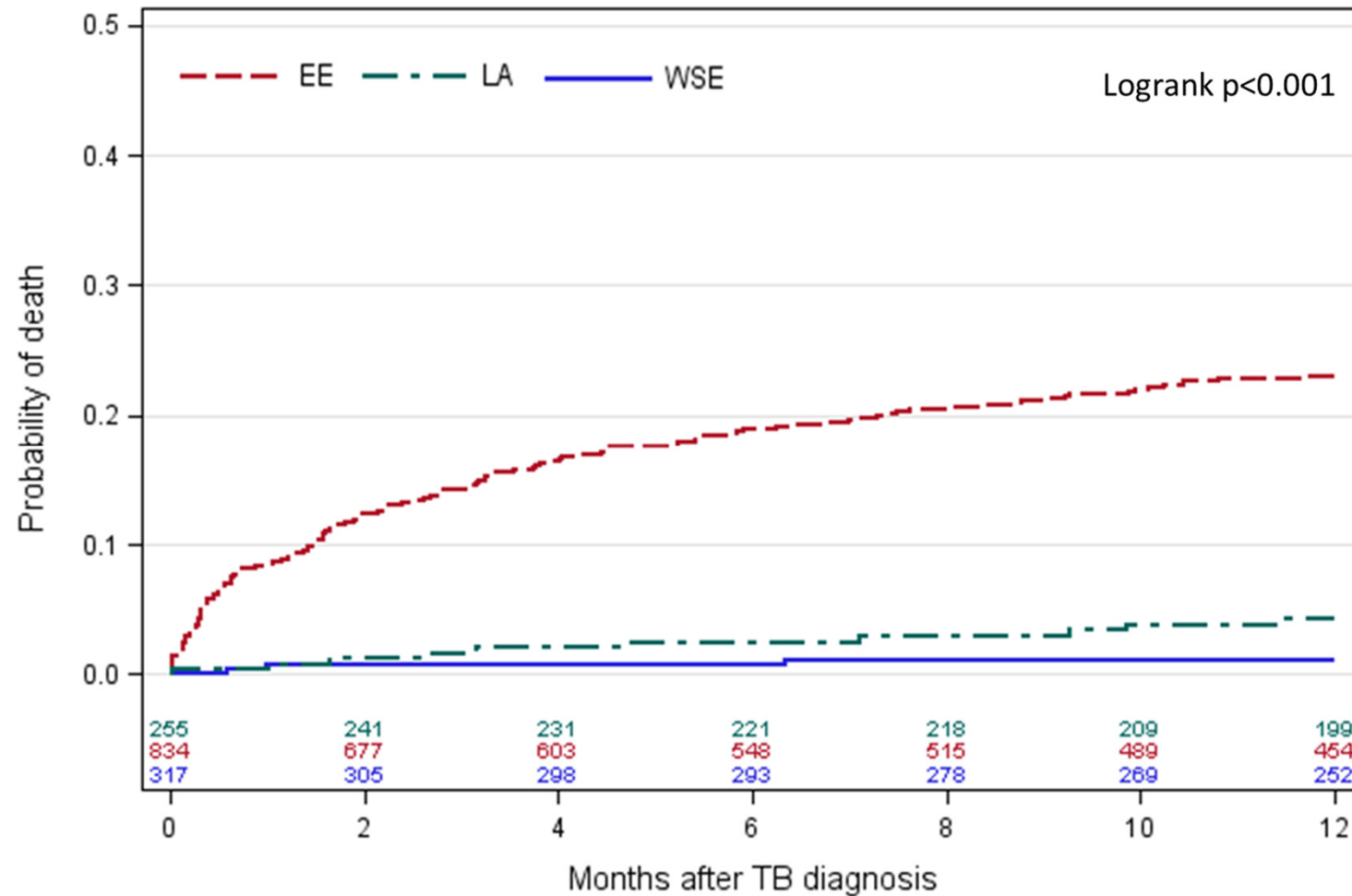
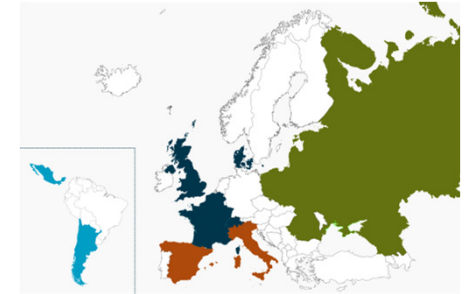
Management of TB/HIV patient in Eastern Europe





TB OUTCOMES IN TB AND TB/HIV PATIENTS IN EASTERN EUROPE

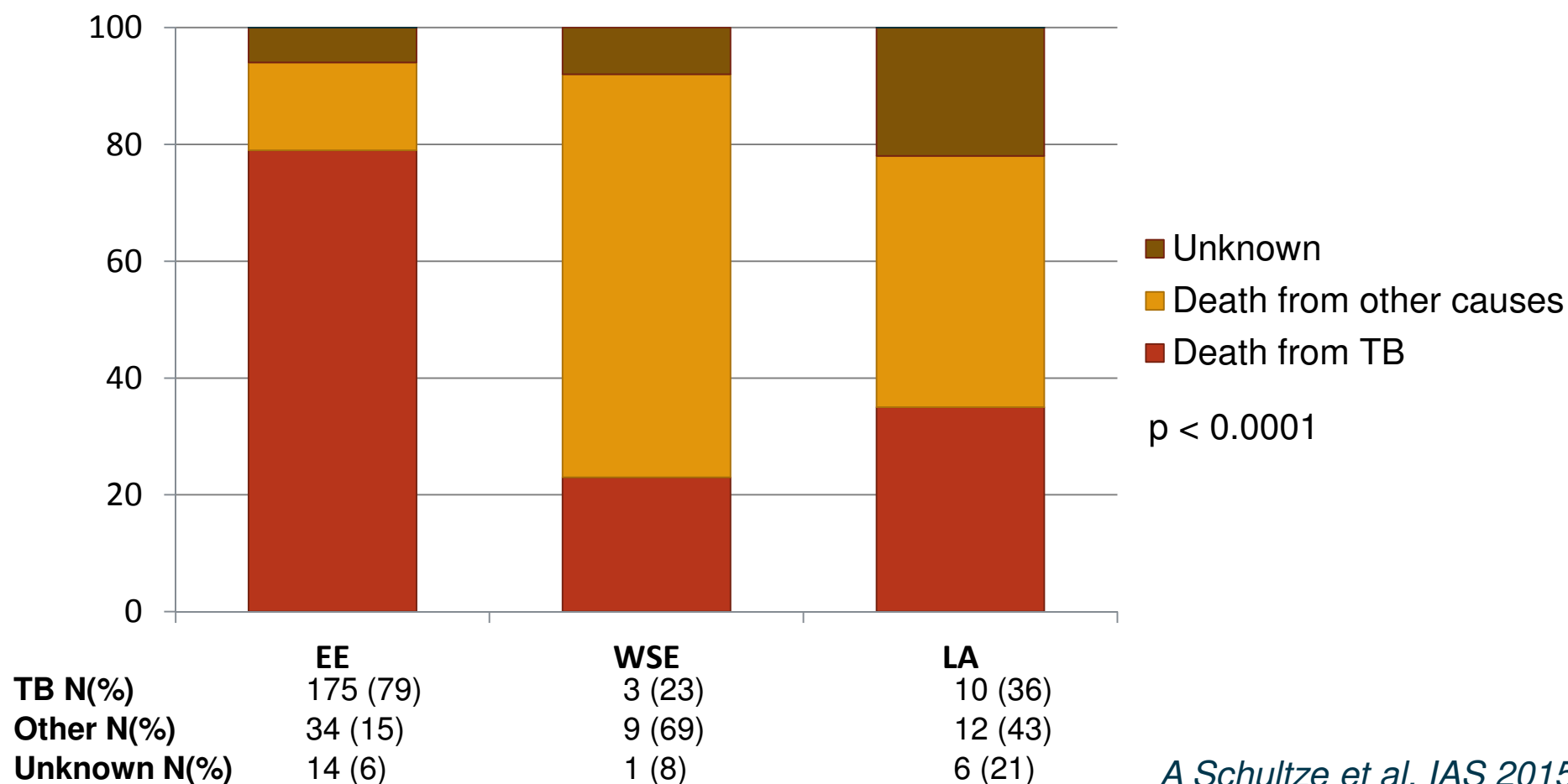
Probability of TB death, according to geographical region. The TB:HIV Study



Overall Mortality and Causes of Death The TB:HIV Study

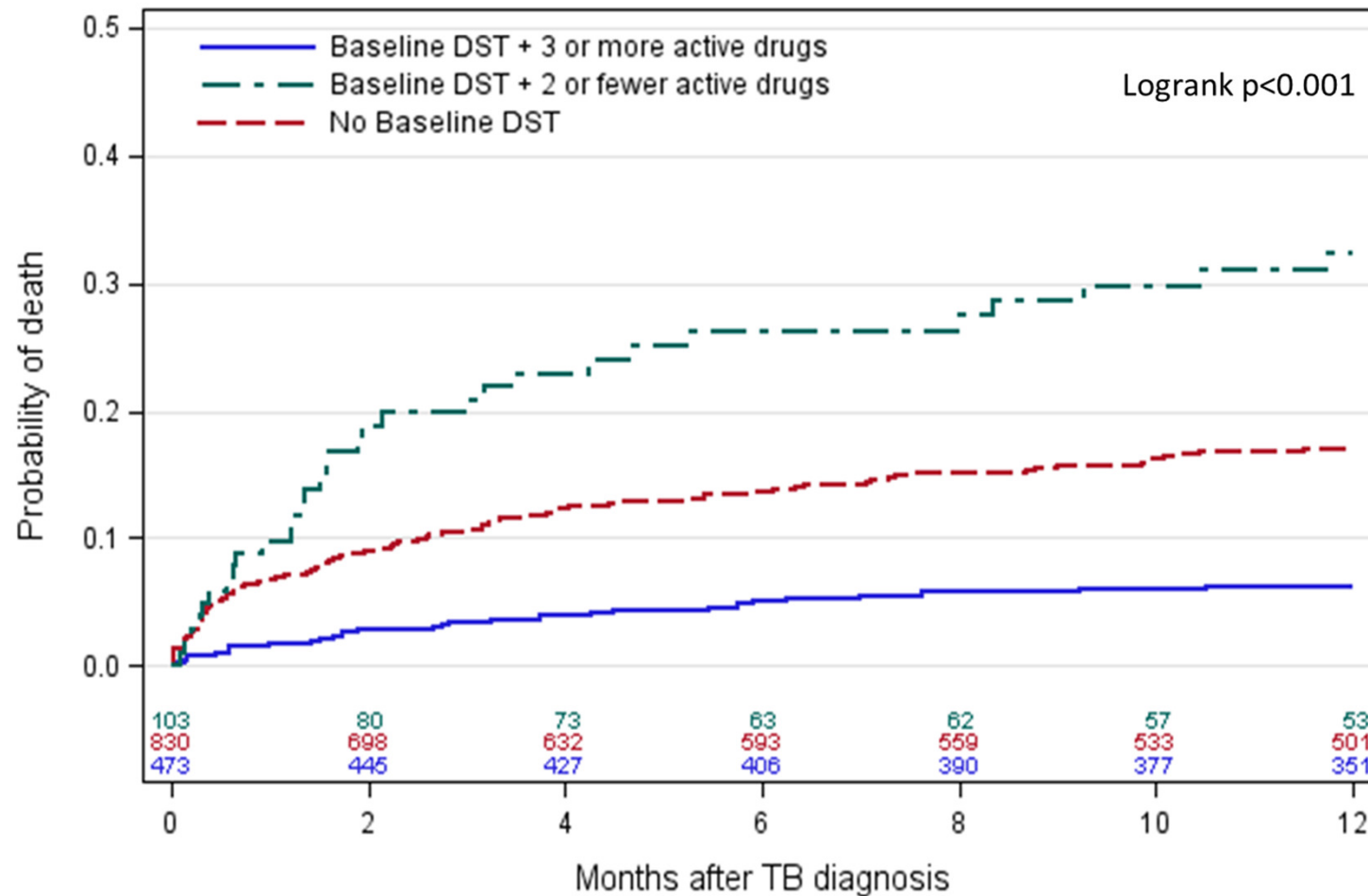


- **265** individuals (19%) died within 12 months
 - **188** (71%) of these deaths could be classified as TB-related

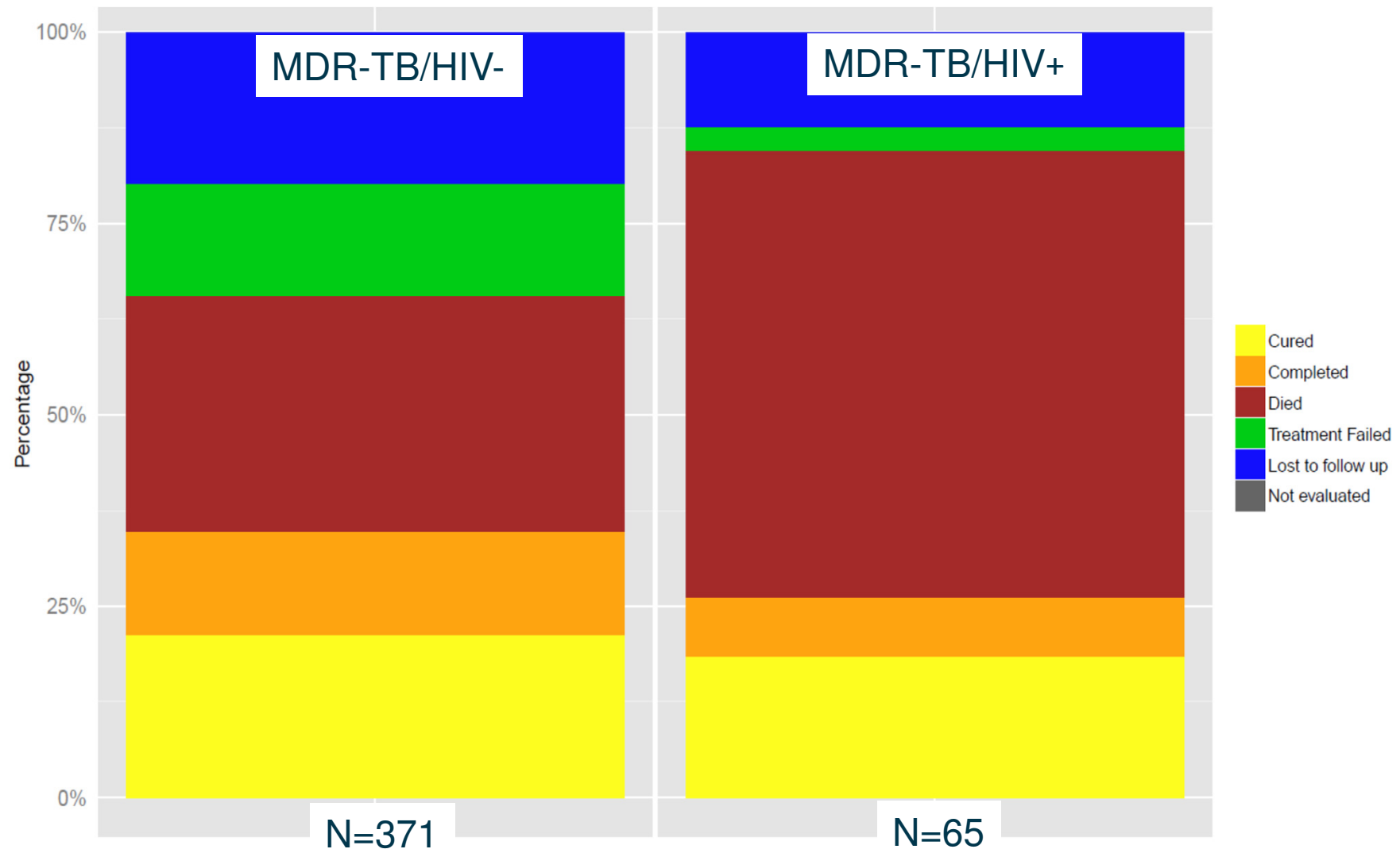


A Schultze et al, IAS 2015

Probability of TB death, according to number of active drugs in the initial regimen. The TB:HIV Study



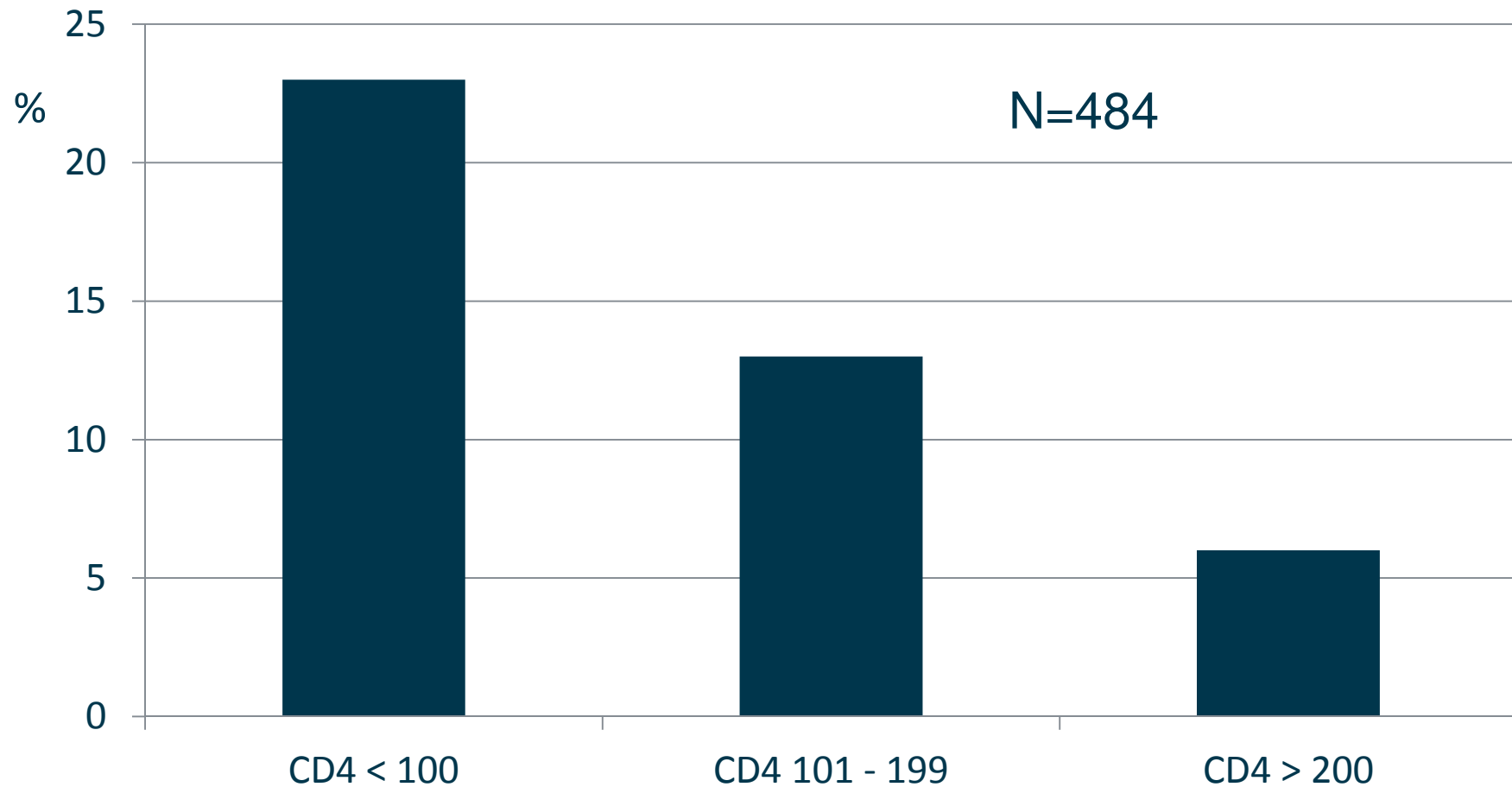
Treatment outcomes for MDR-TB patients without and with HIV. A study from Belarus



A Skrahina. Personal communication

Mortality of TB/HIV patients depending on CD4 cell count

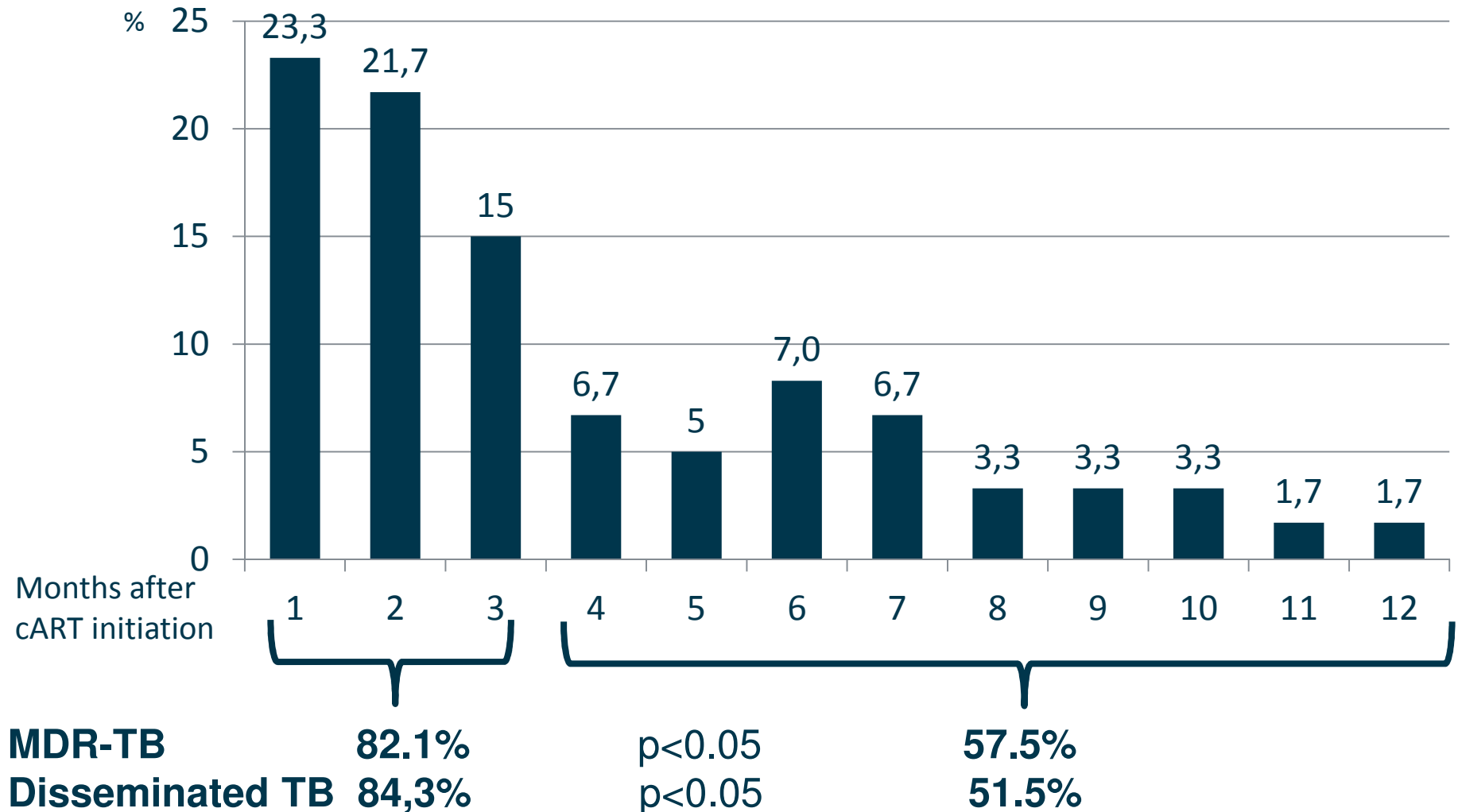
A study from St. Petersburg



A Panteleev. Personal communication

Mortality of TB/HIV patients after cART initiation

A study from St. Petersburg



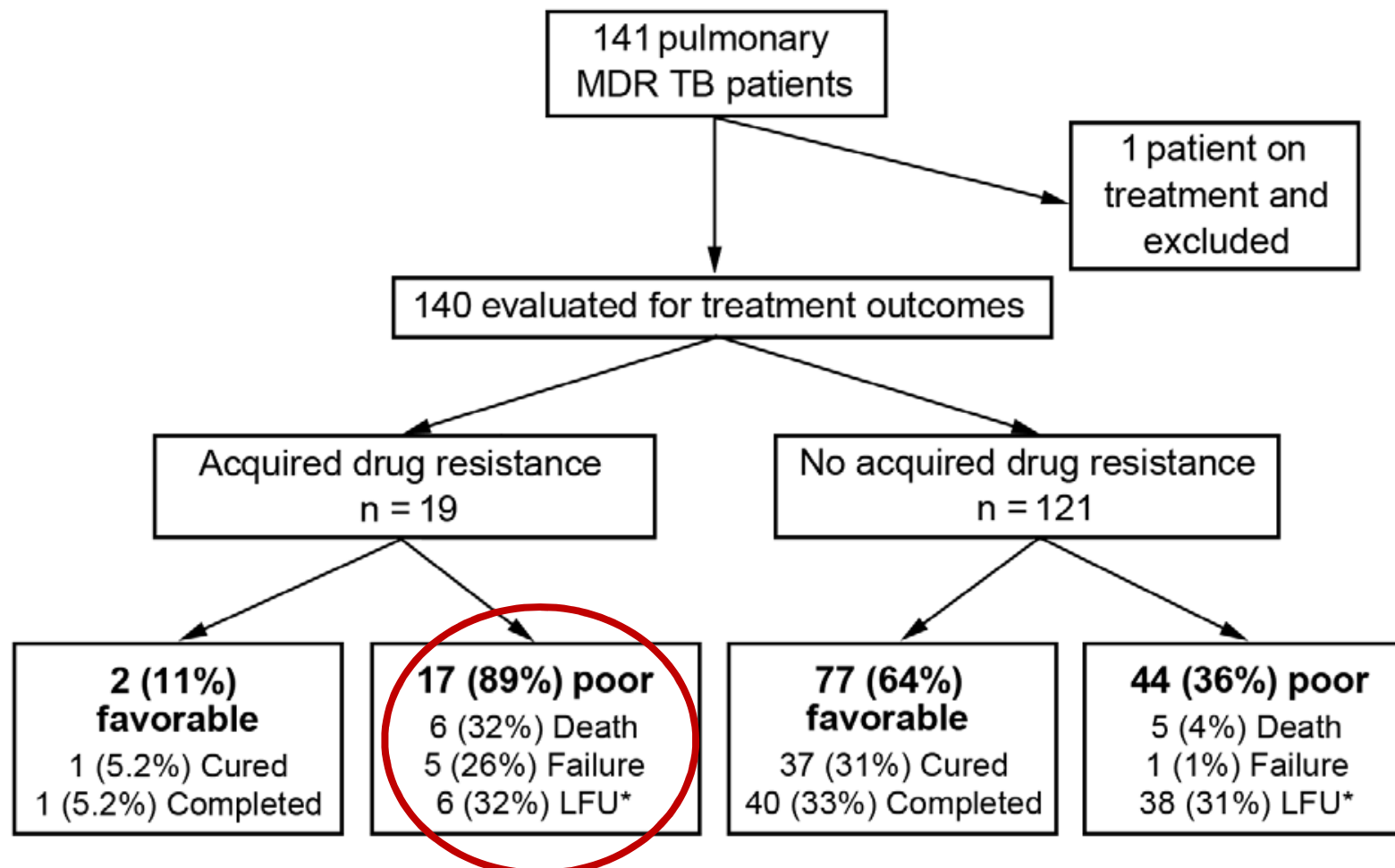
A Pantelev. Personal communication

MDR-TB treatment outcomes

A study from Georgia

RR Kempker et al., Emerging Infectious Diseases. Vol. 21, No. 6

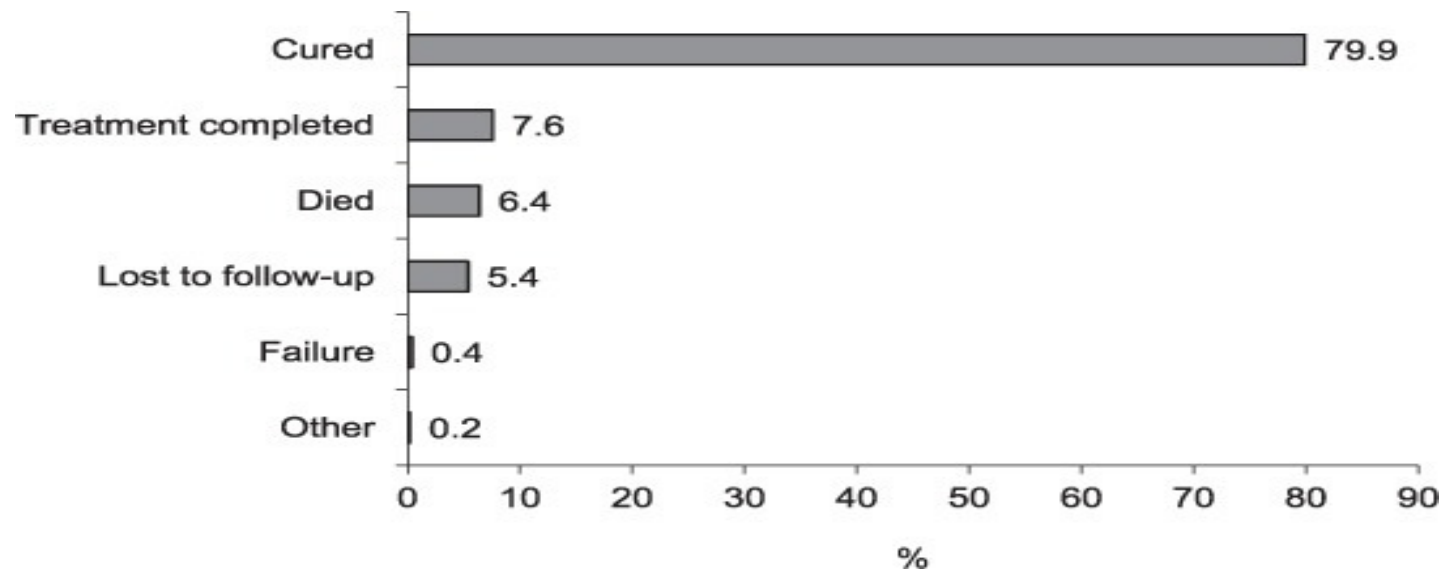
Final treatment outcomes for patients with multidrug-resistant tuberculosis (MDR TB), Georgia, March 2009–October 2012



Treatment outcomes among drug-susceptible tuberculosis patients in Latvia, 2006–2010

I. Lucenko,¹ V. Riekstina,² J. Perevoscikovs,¹ D. Mozgis,^{1,3} M. Khogali,⁴ J. Gadoev,⁵ P. de Colombani,⁶
A. M. V. Kumar⁷

Public Health Action. 2014 Oct 21;4(Suppl 2)

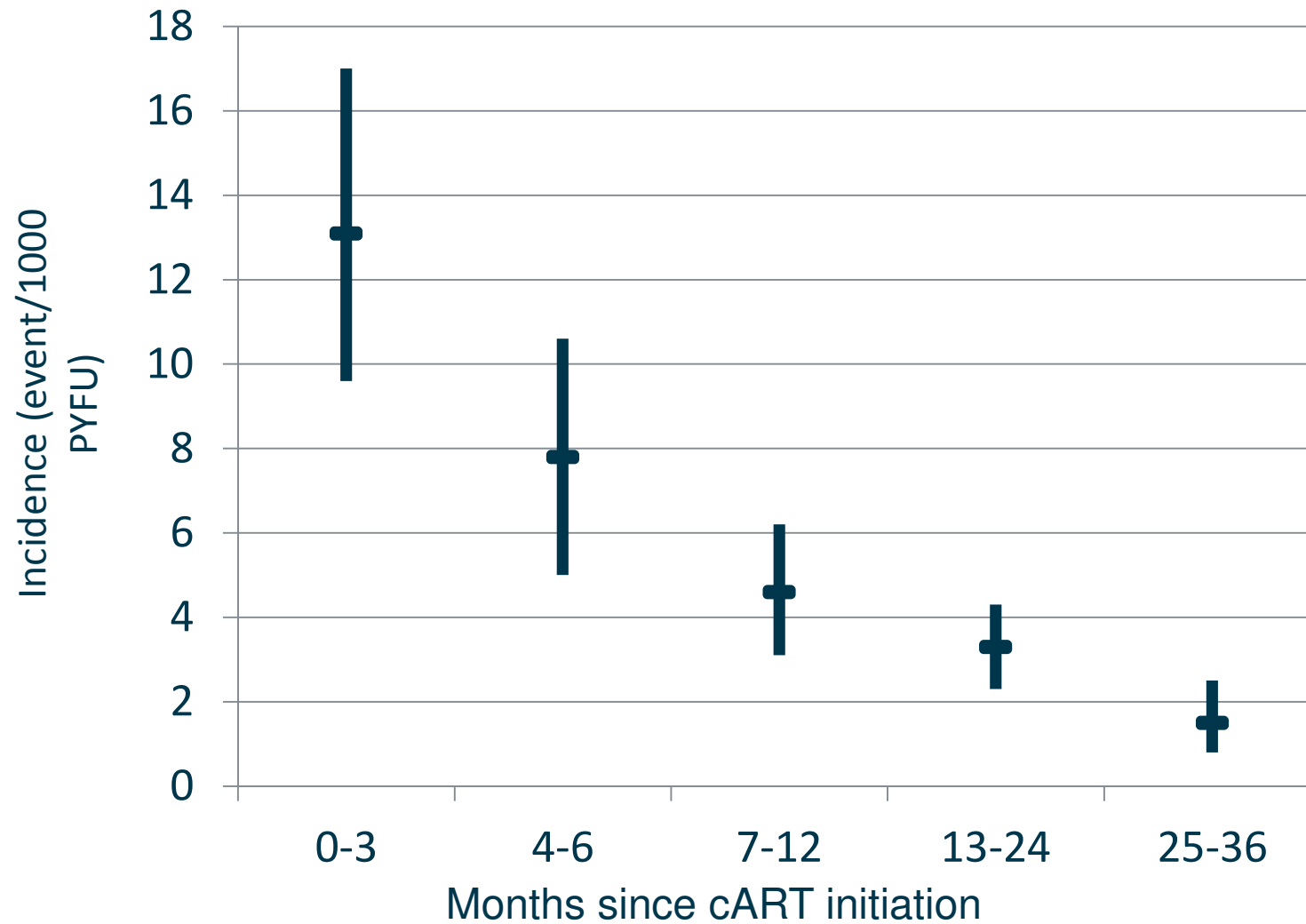


Factors, significantly associated with unsuccessful treatment	Adjusted RR (95% CI)
HIV+	2.0 (1.4–2.8)
Unemployment	3.4 (2.3–5.0)
Alcohol use	1.5 (1.2–1.9)



WHAT CAN BE DONE TO IMPROVE TB OUTCOMES IN EASTERN EUROPE

Effect of cART duration on TB incidence



Timing of ART Initiation in patients initiating TB treatment

- SAPIt study: higher incidence of death in patients deferring ART therapy to end of TB treatment (sequential) vs initiation during TB therapy (integrated)^[1]
- CAMELIA study: significant reduction in mortality with ART initiation at Wk 2 vs Wk 8 of TB therapy in pts with CD4+ counts ≤ 200 cells/mm³ ^[2]
- SAPIt and ACTG5221 studies: suggest all pts with CD4+ counts < 50 cells/mm³ should begin ART within 2-4 wks of TB therapy initiation^[3,4]

¹A Karim SS, et al. *N Engl J Med.* 2010;362:697-706.

²Blanc FX, et al. *N Engl J Med.* 2011;365:1471-81

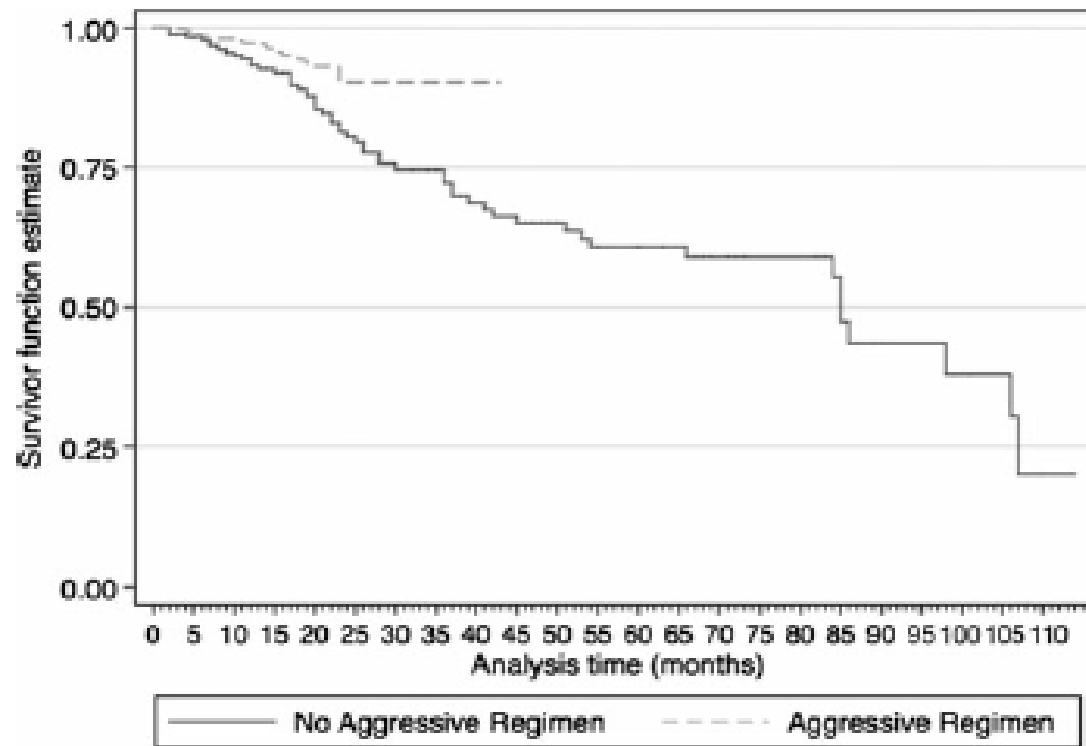
³Abdool Karim SS, et al. *N Engl J Med.* 2011;365:1492-501

⁴Havlir D, et al. *N Engl J Med.* 2011;365:1482-91

Improving Outcomes for Multidrug-Resistant Tuberculosis: Aggressive Regimens Prevent Treatment Failure and Death

CID 2014:59 (1 July)

Gustavo E. Velásquez,¹ Mercedes C. Becerra,^{2,3,4,5} Irina Y. Gelmanova,^{3,4} Alexander D. Pasechnikov,^{3,4} Askar Yedilbayev,^{3,4} Sonya S. Shin,^{3,4,5} Yevgeny G. Andreev,⁶ Galina Yanova,⁷ Sidney S. Atwood,⁵ Carole D. Mitnick,^{2,3,4,5} Molly F. Franke,^{2,3,4} Michael L. Rich,^{2,3,4,5} and Salmaan Keshavjee^{2,3,4,5}



Cohort of 614 MDR-TB patients in Tomsk, Russia

Aggressive MDR-TB regimen:

- Intensive phase: ≥ 5 likely effective drugs
- Cont. phase: ≥ 4 likely effective drugs

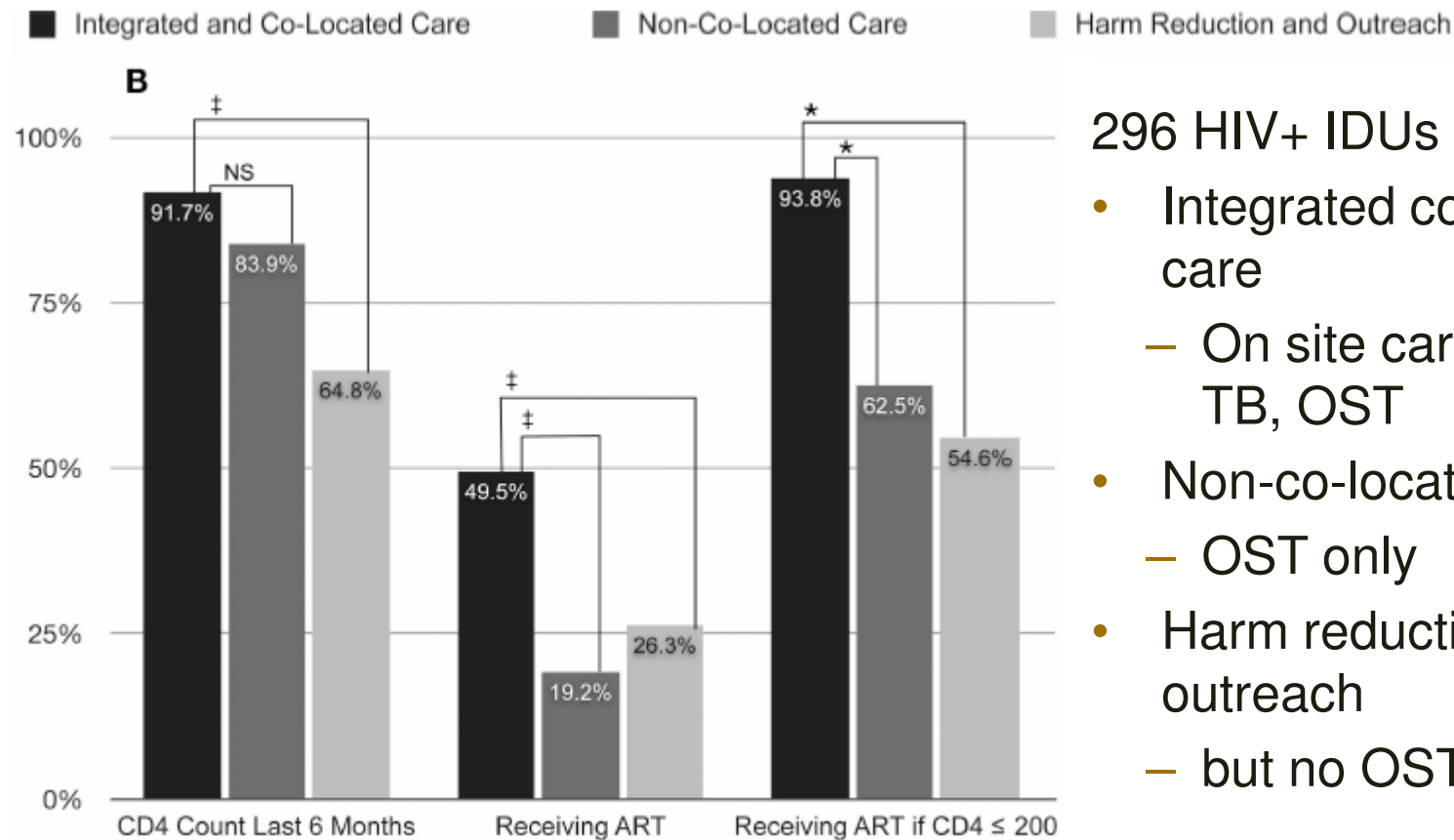
**Adjusted hazard ratio
0.52 [95% CI 0.29–0.94]**

Figure 1. Death or treatment failure among patients treated for multidrug-resistant tuberculosis by time-varying monthly exposure to an aggressive regimen.

Integrated health care works

A study from Ukraine

Quality Healthcare Indicators (QHI) based on service delivery setting:
HIV-Related Quality Healthcare Indicators



296 HIV+ IDUs

- Integrated co-located care
 - On site care for HIV, TB, OST
- Non-co-located care
 - OST only
- Harm reduction and outreach
 - but no OST

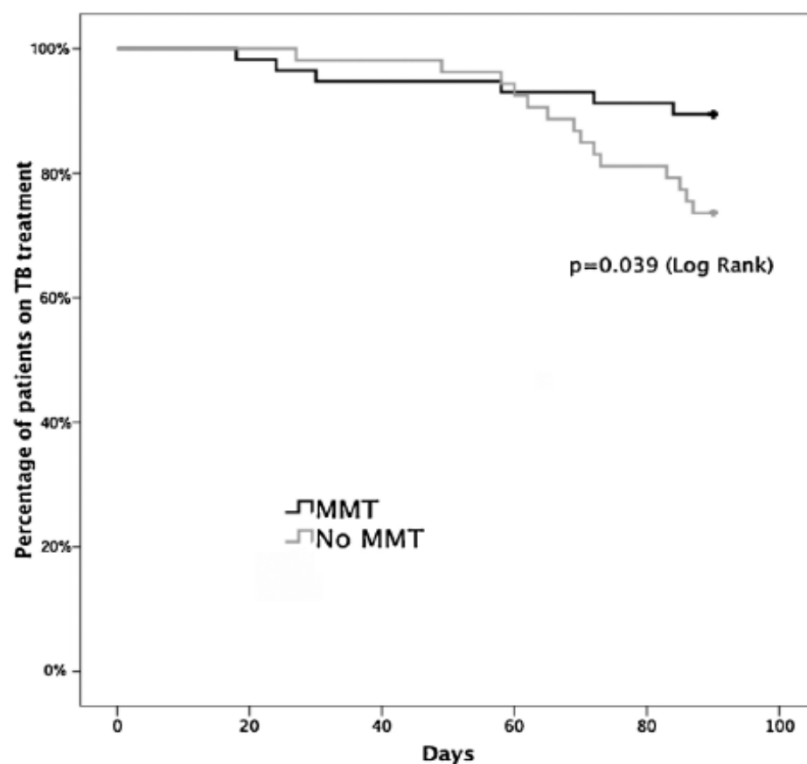
Opiate substitution therapy works

A study from Ukraine

O Morozova et al., International Journal of Drug Policy 24 (2013)

Observational study of 110 TB patients (68% HIV+)
MMT (methadone maintenance): N=57 / non-MMT N = 53

Time to discontinuation of TB treatment over 90-day observation period



90-day retention on tuberculosis treatment was significantly associated with MMT:

- adjusted OR (95% CI)
3.05 (1.08–8.66)

Summary:

Actions to improve TB outcomes in HIV+ people in Eastern Europe

- Integration of health care systems (HIV/TB/OST)
- Strong infection control to stop spread of TB/MDR-TB and HIV infections
 - Early case detection
- Adequate treatment of TB based on the results of the Drug Susceptibility Testing
 - Rapid DST
- Adequate treatment of HIV infection
 - Early initiation of ART
- Treatment of concomitant conditions (IDU/HCV)
- **Political will and commitment**

Acknowledgement

- CHIP, Copenhagen
 - Jens D. Lundgren
 - Ole Kirk
 - Anne Marie W. Efsen
 - Maiken Mansfeld
- Royal Free Hospital, London
 - Amanda Mocroft
 - Anna Schultze
- Colleagues from Eastern Europe
 - Alena Skrahina
 - Aza Rakhmanova
 - Alexander Panteleev

Thank you very much for your attention!

**CAN
YOU IMAGINE
A WORLD
WITHOUT TB?
WE CAN.**

Stop TB Partnership