

# The ability of four genotypic resistance algorithms to predict HIV-RNA responses to boosted PI-containing regimens after 4 and 12 weeks follow-up

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### **BACKGROUND**

- Genotyping provides lists of mutations that are translated into a sensitivity score for each antiretroyiral (ARV) using an available interpretation system (IS)
- ARVs are usually assigned a score of 1 if the virus is deemed to be sensitive to that ARV, 0.5 for intermediate resistance and
- These scores are then summed to generate an overall genotypic sensitivity score (GSS)
- Limited information is available on the prognostic value of each IS for patients receiving a ritonavir boosted protease inhibitor (PI/r)

## **OBJECTIVES**

- To investigate:
  - Concordance between predicted PI/r resistance levels using four genotypic interpretation systems (IS)
  - The relationship between the predicted level of sensitivity to the randomised PI/r and virological response at
- To assign a genotypic sensitivity score (GSS) to the rest of the regimen and explore the relationship between this GSS and

### DATA

We used combined data from three, international, 48-week, multi-centre trials (MaxCmin1, MaxCmin2, COLATE)

- MaxCmin1: Safety and efficacy of indinavir/r (800/100 mg bid) vs. saquinavir/r (1000/100 mg bid)
- MaxCmin2: Safety and efficacy of lopinavir/r (400/100 mg bid) vs. saquinavir/r (1000/100 mg bid)
- COLATE: Patients failing a lamivudine (3TC) containing regimen either continued or discontinued 3TC while starting a new cART regimen we used a sub-group of these patients who initiated a PI/r containing regimen

### **METHODS**

- Reverse transcriptase and protease mutations were identified for all patients with baseline viral load >500 cps/ml
- Each set of mutations was run through the following ISs to obtain a score relating to whether a patient was sensitive, intermediate or resistant to each ARV
  - **REGA**: Sept. 2005, version 6.4
  - ANRS: July 2005, version 13
  - Detroit Medical Center: Oct. 2004
  - Stanford University: June 2005
- Stanford did not have algorithms available for PI/rs
- Concordance between PI/r resistance levels was evaluated using kappa statistics
- · Factors associated with HIV-RNA change were identified through censored regression analysis

# **RESULTS**

- Baseline HIV-1 genotypic resistance tests were available for 368 patients [89 (24%) indinavir/r; 126 (34%) lopinavir/r; and
- At baseline, 9 (10%), 3 (2%) and 6 (4%) patients had full resistance and 74 (83%), 110 (87%) and 142 (93%) were sensitive to IDV/r, LPV/r and SQV/r, respectively (illustrated using the REGA IS – Figure 1).
- Overall, 241 (65%) patients were susceptible to ≥2 ARVs other than the PI/r

- · All ISs predicted high levels of sensitivity to the PI/rs combined
- Slightly more patients had intermediate or full sensitivity to their PI/r according to the DMC compared to the other ISs
- When we looked at concordance between ISs for each PI/r individually we found that kappas ranged from 0.37 (REGA-DMC) to 0.72 (REGA-Stanford) for IDV/r; 0.46 (ANRS-DMC) to 0.93 (REGA-ANRS) for LPV/r; and 0.39 (ANRS-Stanford) to 0.70 (REGA-Stanford) for SQV/r (Figure 2). Where large kappas relate to good agreement and small kappas to poor agreement
- Overall ISs were concordant on the level of resistance to the PI/r for 296 (80%) patients. This increased to 89% when DMC

Median (IQR) baseline viral load was 4.7 (3.9 to 5.2)  $\log_{10}$  cps/ml.

The median (IQR) decrease in viral load from baseline was:

- 1.8 (1.2 to 2.3) log<sub>10</sub> cps/ml to week 4
- 2.3 (1.4 to 3.0) log<sub>10</sub> cps/ml to week 12

Similar viral load reductions were seen for all of the PI/rs studied at both time-points

- Reductions in viral load between baseline and week 4 were associated with PI/r resistance levels (p<0.10 for all ISs), but not the number of other active drugs in the regimen in unadjusted analysis
- Reductions in viral load between baseline and week 12 were associated with both the PI/r resistance levels (p<0.0001 for all ISs) and the number of other active drugs in the regimen (p<0.01 for all ISs) in unadjusted analysis
- After adjustments, none of the ISs predicted viral load reductions to week 4 when looking at resistance to PI/r or the number
- In multivariable analysis only DMC and Stanford showed significantly greater reductions as sensitivity to PI/r increased
- Using Stanford, patients sensitive to the Pl/r had a 0.82 greater log<sub>10</sub> reduction between baseline and week 12 compared to
- The number of other active drugs in the regimen did not predict response further

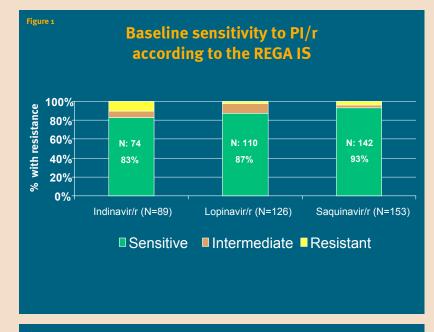
# **SUMMARY AND CONCLUSIONS**

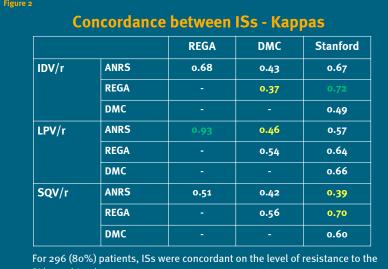
- Concordance between ISs was moderate
- Virological outcomes are used to test the clinical value of the ISs
- In our study baseline resistance to the PI/r did not show a difference in viral load responses until week 12
- A consensus needs to be reached on when we would expect resistance to impact on viral load response
- response
- At week 12, the level of baseline resistance to the PI/r predicted a o.8 log cps/ml difference between sensitive and resistant viruses after adjustments for baseline viral load, the number of other active drugs, gender and PI-naivity
- A surprising 1.3 log cps/ml reduction in viral load was still seen for patients with a fully resistant virus
- Potency of the PI/rs may be such that viral benefit is seen even in the presence of resistance
- ISs need to be improved so that they capture the magnitude of these viral load changes more accurately for PI/rs

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PI/r combined

