

Detection of chronic renal failure (CRF) among HIV-patients within the EuroSIDA Study

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INTRODUCTION

- HIV infection is associated with several types of renal dysfunction, including HIV-associated nephropathy (HIVAN), immune complex kidney disease and acute renal failure.
- A number of antivirals (indinavir, ritonavir, and tenofovir DF) and other drugs commonly used to treat opportunistic infections (acyclovir, amphotericin B, foscarnet, cidofovir, adefovir and pentamidine) may be associated with nephrotoxicity.
- The glomerular filtration rate (GFR) is a measure of kidney function and can be measured via
 - Cockcroft-Gault (CG) equation
 - Modification of Diet in Renal Disease (MDRD) equation

AIMS

- To characterise patients with CRF, as measured by 2 consecutive abnormally reduced GFR measurements (≤ 60 mL/min per 1.73m^2).
- To describe antiretroviral treatment and experience in relation to CRF.

METHODS

Patients from EuroSIDA with ≥ 2 serum creatinine measurements measured after 1 January 2004 were included providing they had weight measured within 6 months of the serum creatinine measurement and had height recorded. Baseline was defined as the date of the first GFR measurement. GFR was calculated using the CG formula and MDRD formula, both were standardized for body surface area using the Mostellar formula;

$$\text{GFR (CG)} = \frac{(140 - \text{age}) \times \text{weight (kg)} \times 0.85 \text{ (if female)}}{\text{Serum creatinine} \times 72}$$

$$\text{GFR (MDRD)} = 186 \times \text{serum creatinine}^{-1.154} \times \text{age}^{-0.203} \times 0.742 \text{ (if female)} \times 1.21 \text{ (if black)}$$

CRF was defined by a confirmed GFR of ≤ 60 mL/min per 1.73m^2 . For each ARV and specific combinations, the number of days exposure to each drug was calculated. Logistic regression was used to determine the factors related to CRF at baseline, using forward selection ($p < 0.1$ inclusion criteria). Use of each antiretroviral was added to a model with the selected demographic factors. Use of ritonavir was considered in a single-PI or a boosted PI-regimen. Use of tenofovir DF and ritonavir occurred almost exclusively (96.8% of exposure) in patients taking ritonavir as part of a boosted PI regimen, and was not subdivided further. ARV use was modeled as ever exposed (yes/no), and cumulative exposure prior to baseline (continuous and categorical).

RESULTS

- 4474 patients satisfied the inclusion criterion and are described in **Table 1**, stratified by CRF at baseline.
- There was a high degree of correlation between the CG and MDRD methods (correlation coefficient 0.773, $p < 0.0001$).
- 158 patients (CG, 3.5%) and 209 patients (MDRD, 4.7%) had CRF at baseline. 101 patients (2.3%) had CRF with both formulae.

Table 1
Patient characteristics and GFR at baseline; standardised for BSA

		All patients		CG CRF		MDRO CRF	
		N	%	N	%	N	%
All patients		4474	100	158	3.5	209	4.7
Gender	Male	3404	76.1	131	82.9	183	87.6
	Female	1070	23.9	27	17.1	26	12.4
Race	White	3807	85.1	138	88.6	187	90.4
	Other	667	14.9	19	11.4	20	9.6
Risk	Homosexual IDU	2032	45.4	79	50.0	113	54.1
	Heterosexual	833	18.6	42	26.5	28	13.9
	Other	1300	29.1	18	11.4	19	9.1
		309	6.9	11	7.0	19	9.1
Atherosclerosis	No	3852	86.1	123	77.9	169	80.9
	Yes	123	2.9	16	10.1	23	11.1
	Unknown	494	11.0	19	12.0	16	7.7
Diabetes	No	3877	86.7	121	76.6	162	77.5
	Yes	210	4.7	26	16.5	32	15.3
	Unknown	387	8.7	11	7.0	15	7.2
Hypertension	No	2151	57.0	52	32.9	73	34.9
	Yes	1223	27.3	85	53.5	54	26.1
	Unknown	700	15.7	21	13.3	22	10.5
Smoking Status	No	2048	45.8	92	58.2	117	56.0
	Yes	225	5.1	13	8.3	24	11.7
	Current	1533	34.3	31	19.6	51	24.4
	Unknown	666	14.9	22	13.9	27	12.9
		Median	IQR	Median	IQR	Median	IQR
Age		43.4	38.55-8.8	61.9	50.5-69.1	54.6	45.4-62.4
Cd4		455	310-645	403	265-538	430	314-575
Viral load		1.70	1.70>2.61	1.70	1.70>2.48	1.70	1.70>2.30
Cd4 nadir		135	148>239	80	27>180	88	25>211

RESULTS (continued)

- In general, patients with CRF were more likely to have atherosclerosis, diabetes, and hypertension, were older and had lower CD4 count nadirs than patients without CRF (both CG and MDRD formulae).
- Due to the similarity of the results, only results using the CG formula are presented from here.
- **Figure 1** illustrates the proportion of patients exposed to each antiretroviral, or combinations of antiretrovirals, stratified according to CRF at baseline, using the CG formula.
- For example, for indinavir, 1.8% (38/2118) of patients never exposed had CRF compared to 5.1% (120/2356) of patients exposed to indinavir. The corresponding figures for tenofovir DF were 3.1% (93/3213) and 4.8% (60/1261) respectively.
- The results of logistic regression models are shown in **Table 2**. After adjustment, patients from Eastern Europe, older patients, patients with a higher CD4 nadir at baseline, or those with a higher viral load at baseline, had significantly increased odds of CRF at baseline
- Use of indinavir or tenofovir DF was associated with increased odds and use of enfurvitide was associated with decreased odds of CRF at baseline.
- Use of ritonavir as a single or as part of a boosted PI-regimen was not associated with increased odds of CRF at baseline, and use of tenofovir DF and ritonavir as part of the same regimen was not associated with increased odds of CRF at baseline.

CONCLUSIONS

We have described the prevalence and risk factors for CRF (2 consecutive GFR < 60 mL/min per 1.73m²) in HIV-infected patients, including the most important risk factors known from the general population; highly consistent results were found using the CG and MDRD formula to calculate GFR.

- Patients with lower CD4 nadir, those with a prior diagnosis of AIDS, and older patients also had higher odds of CRF. Among antiretrovirals, only exposure to indinavir or tenofovir DF was associated with increased odds of CRF.

- We used a confirmed low GFR to define CRF to increase the robustness of our analysis, although there are several potential biases associated with this cross-sectional analysis.

- A causal relationship cannot be identified using a cross sectional analysis. Future analyses should focus on confirmed changes in GFR, requiring large numbers of patients and serial estimates of creatinine clearance.

- Ideally, serum creatinine should be measured prior to starting drugs so that the effect on serum creatinine can be described in detail, both whilst on treatment and if treatment is interrupted or modified.

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Table 2

Factors associated with CRF at baseline
(confirmed GFR < 60 $\text{mL/min per } 1.73\text{m}^2$ at baseline; Cockcroft-Gault formula)

	Univariate			Multivariate		
	OR	95% CI	P	OR	95% CI	P
Eastern Europe	0.92	0.57–1.50	0.74	2.45	1.35–4.45	0.0033
Prior AIDS	1.82	1.32–2.51	0.0002	1.34	0.88–2.02	0.17
Age	4.90	4.08–5.88	<0.0001	5.47	4.45–6.72	<0.0001
CD4 nadir	0.90	0.84–0.96	0.0023	0.90	0.82–0.99	0.028
Baseline	1.57	1.07–2.29	0.022	1.65	1.04–2.62	0.033
Viral load	0.92	0.63–1.35	0.68	1.54	0.98–2.41	0.062
Hypertension	3.25	2.36–4.48	<0.0001	1.34	0.92–1.95	0.12
Any tenofovir DF use	1.59	1.14–2.21	0.0057	2.18	1.25–3.81	0.0061
Any indinavir use	2.94	2.03–4.25	<0.0001	2.49	1.62–3.83	<0.0001
Any enfurvitide use	0.49	0.12–2.00	0.32	0.13	0.03–0.65	0.013
Any ritonavir use (single PI regimen)	1.23	0.83–1.81	0.30	0.77	0.39–1.50	0.44
Any ritonavir use (≥2 PI regimen)	1.47	1.06–2.05	0.021	0.89	0.56–1.43	0.64
Any tenofovir DF/ritonavir use	1.52	1.05–2.20	0.026	1.27	0.82–1.98	0.29
Any renal-toxic prophylactic drug	1.99	1.39–2.85	0.0002	1.47	0.94–2.30	0.089

STUDY GROUP

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