

**Participant instructions for stool sample collection.**

1. Urinate completely before defecating
2. Set up Fe-Col faeces collection paper in toilet according to printed instructions (see below)
3. Clean the perineal area (i.e. genitals, anus and area in between) with a soaped sponge
4. Cleanse the perineal area with abundant water to wash off the soap
5. Dry the perineal area with a clean, unused towel
6. Defecate on the Fe-Col faeces collection paper
7. Put on gloves provided with the kit
8. Open the sample container without touching the inner rims
9. Collect a portion of stool with the provided spatula. Do not fill the container excessively. If stool are solid, collect around the size of a cherry (or around 1 teaspoon), slightly more or less is fine. If the stool is liquid, collect approximately 20 mL directly into the stool container
10. Close the stool container, place inside the provided envelope/sealable plastic bag
11. Remove and dispose of gloves in the trash
12. Write your first name, last name, date of birth, and date and time of sample collection on the sample container label
13. Take note of stool consistency type using the Bristol Stool Form Scale (see below) and include the insert in the provided envelope/sealable plastic bag
14. Flush Fe-Col faeces collection paper (including any remaining stool) down the toilet according to instructions provided with the kit
15. Refrigerate the stool container (approximately 4-5° Celsius). If a refrigerator is not available, keep the stool in a cool dry place or defecate in the morning and immediately bring the sample to the site
16. Bring the stool container and the self-identified stool consistency type to the clinic within 48 hours (at the latest) of collecting the stool sample.

A stool collection instructional video is located here, <https://youtu.be/a3uGHqWz7P8>.