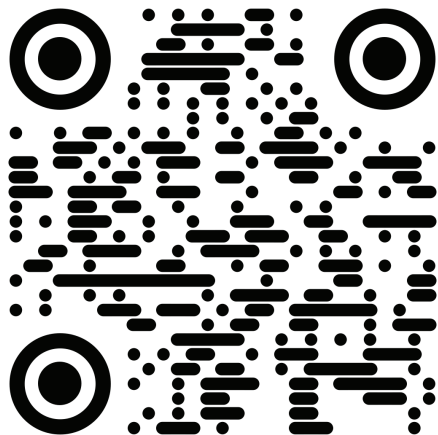


Stool Collection Instruction Video

An instructional video can be viewed by scanning the code below using a QR reader with your smartphone.



The video can also be viewed via the following link:

https://youtu.be/-s0Obyr0M_I










MISTRAL

Check off your stool consistency type below.

Return this card with your sample to the clinic within 48 hours of collecting the stool sample.

Bristol Stool Form Scale

| | | | |
|--------|--|---|--------------------------|
| TYPE 1 |  | Separate hard lumps, like nuts (hard to pass) | <input type="checkbox"/> |
| TYPE 2 |  | Sausage-shaped but lumpy | <input type="checkbox"/> |
| TYPE 3 |  | Like a sausage but with cracks on its surface | <input type="checkbox"/> |
| TYPE 4 |  | Like a sausage or snake, smooth and soft | <input type="checkbox"/> |
| TYPE 5 |  | Soft blobs with clear edges (passed easily) | <input type="checkbox"/> |
| TYPE 6 |  | Fluffy pieces with ragged edges, a mushy stool | <input type="checkbox"/> |
| TYPE 7 |  | Watery, no solid pieces Entirely liquid | <input type="checkbox"/> |