



*a  
multicentre  
study*

**EuroSIDA**

# The spectrum of clinical disease and relationship with measures of deteriorating renal function

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# Background

- In HIV-negative
  - impaired renal function associated with mortality, ESRD, and CVD<sup>1</sup>
  - Short term changes in renal function associated with clinical outcomes<sup>2</sup>
- In HIV-positive
  - Low eGFR associated with CVD and mortality<sup>3</sup>
  - Range of clinical disease and relationship with eGFR not well described

# Aims

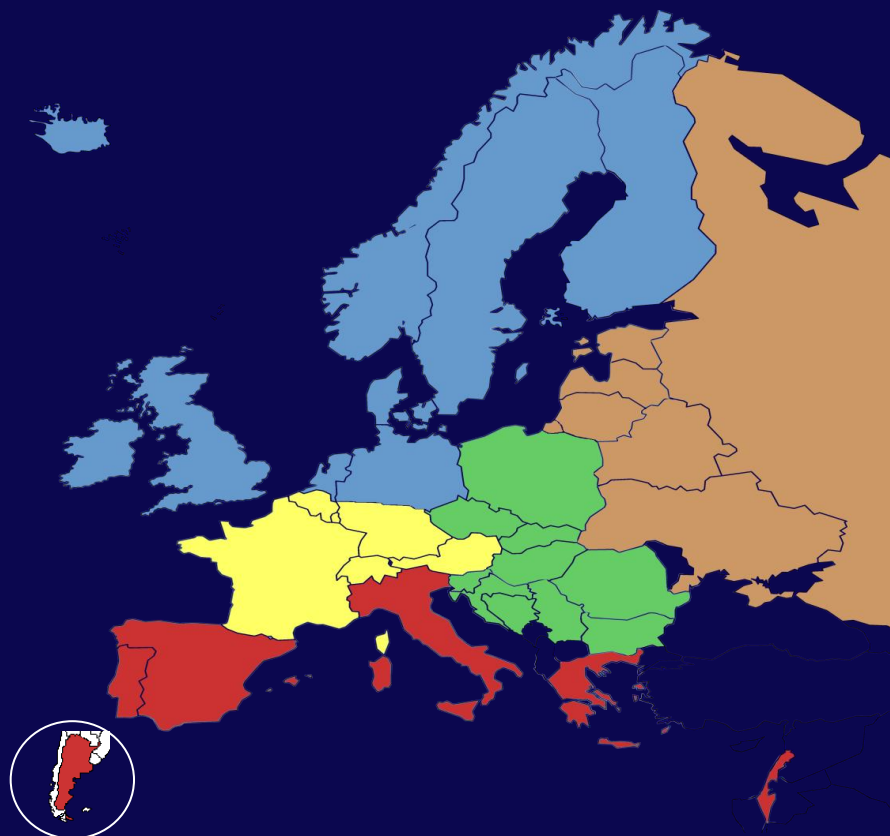
- Describe the incidence of fatal and non-fatal AIDS and non-AIDS events according to current eGFR
- Determine whether current eGFR, or other measures of renal insufficiency were independent predictors of clinical events

# Methods - EuroSIDA

EuroSIDA is a large prospective cohort with **18,791** patients from 108 clinics in 34 European countries, Israel and Argentina.

Regularly collecting:

- HIV transmission risk group
- CD4 counts, HIV viral loads
- SCr since 1/1/2004
- All treatment start/stop dates
- Clinical AIDS events
- Non-AIDS events (since 2001)
- Deaths and causes of death



EuroSIDA

# Patients and Definitions

- Patients with  $\geq 1$  eGFR  $\geq 1/1/2004$  were included
- eGFRs calculated using CKD-EPI
- Baseline : first eGFR measured during prospective FU  $> 1/1/2004$
- FU to latest of last clinic visit, last eGFR or death
- Poisson regression to investigate relationships between renal function and outcomes
  - All cause mortality
  - Fatal and non-fatal AIDS
  - Fatal and non-fatal non-AIDS<sup>1</sup>

# Markers of renal function

- Current eGFR
- Nadir eGFR
- %FU eGFR<sub>≤60</sub> mL/min/1.73m<sup>2</sup>

# Markers of renal function

| Month | eGFR (mL/min) | Nadir eGFR | Current eGFR | %FU eGFR $\leq$ 60 |
|-------|---------------|------------|--------------|--------------------|
| 0*    | 72            | 72         | 72           | 0                  |
| 3     | 60            | 60         | 60           | 0                  |
| 7     | 65            | 60         | 65           | 4/7 (57%)          |
| 9     | 62            | 60         | 62           | 4/9 (44%)          |
| 15    | 75            | 60         | 75           | 4/15 (27%)         |
| 20    | 80            | 60         | 80           | 4/20 (20%)         |
| 24    | 78            | 60         | 78           | 4/24 (17%)         |

eGFRs calculated using CKD-EPI and all markers modelled as time-updated (current)

\*Baseline; 1<sup>st</sup> eGFR  $\geq$ 1/1/2004

# Characteristics of 11409 patients (1)

|                |                           | N (%)                 |
|----------------|---------------------------|-----------------------|
| Gender         | Male                      | 8521 (74.7)           |
| Exposure group | MSM                       | 4799 (42.1)           |
|                | IDU                       | 2232 (19.6)           |
|                | Heterosexual              | 3493 (30.6)           |
| Race           | White                     | 9904 (86.8)           |
| Viral load     | <400                      | 7805 (68.4)           |
| ARV naïve      | Yes                       | 1422 (12.5)           |
|                |                           | Median (IQR)          |
| Age            | Years                     | 42 (36 – 49)          |
| Baseline       | mm/yy                     | 01/05 (06/04 – 07/07) |
| CD4            | /mm <sup>3</sup>          | 434 (290 – 621)       |
| eGFR           | ml/min/1.73m <sup>2</sup> | 99 (85 – 111)         |



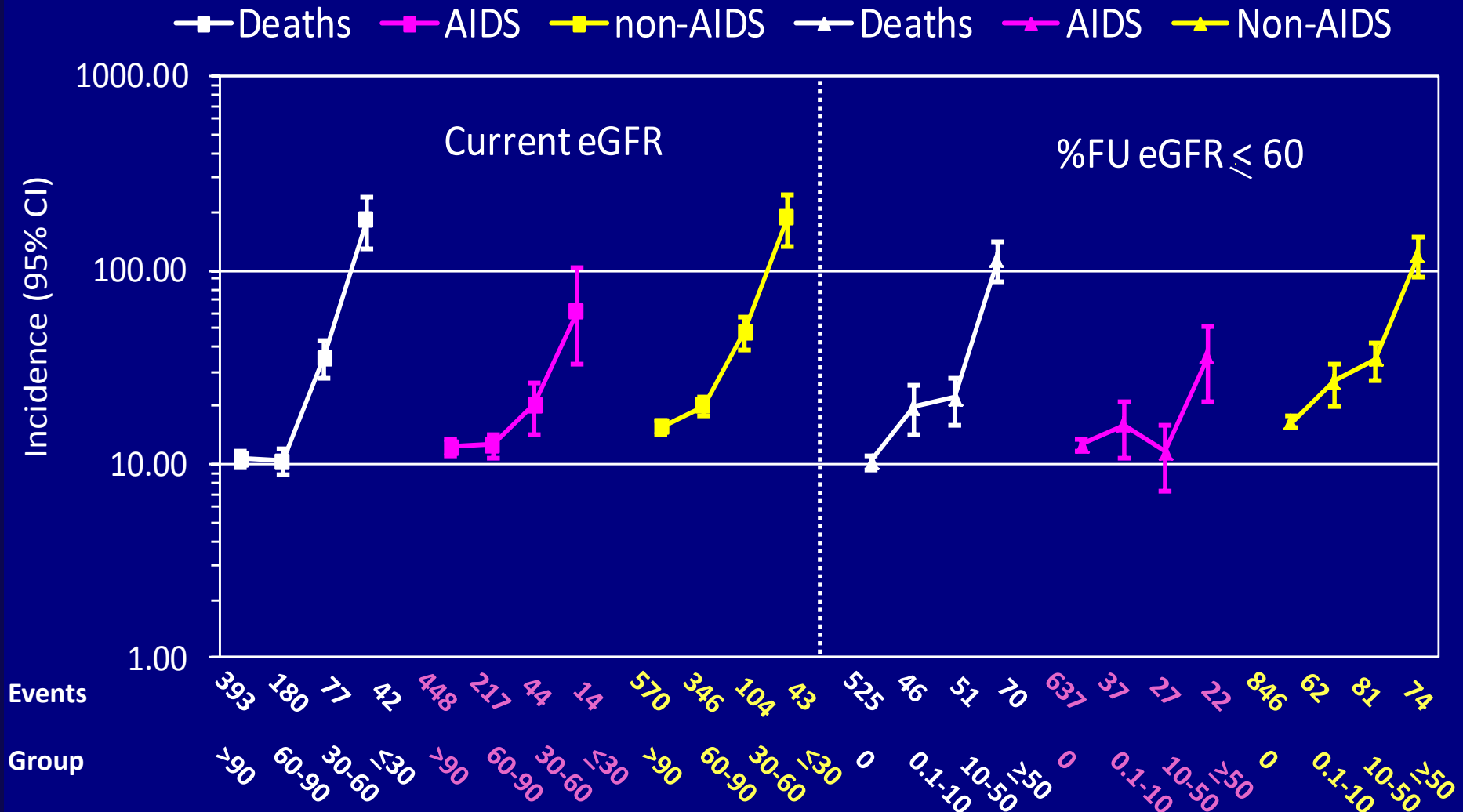
# Characteristics of 11409 patients (2)

|                | N (%)       |
|----------------|-------------|
| HBV coinfectd  | 691 (6.1)   |
| HCV coinfectd  | 2383 (20.9) |
| Diabetic       | 545 (4.8)   |
| Hypertensive   | 3221 (28.2) |
| Anaemic*       | 2590 (22.7) |
| Prior AIDS     | 3324 (29.1) |
| Prior non-AIDS | 718 (6.3)   |

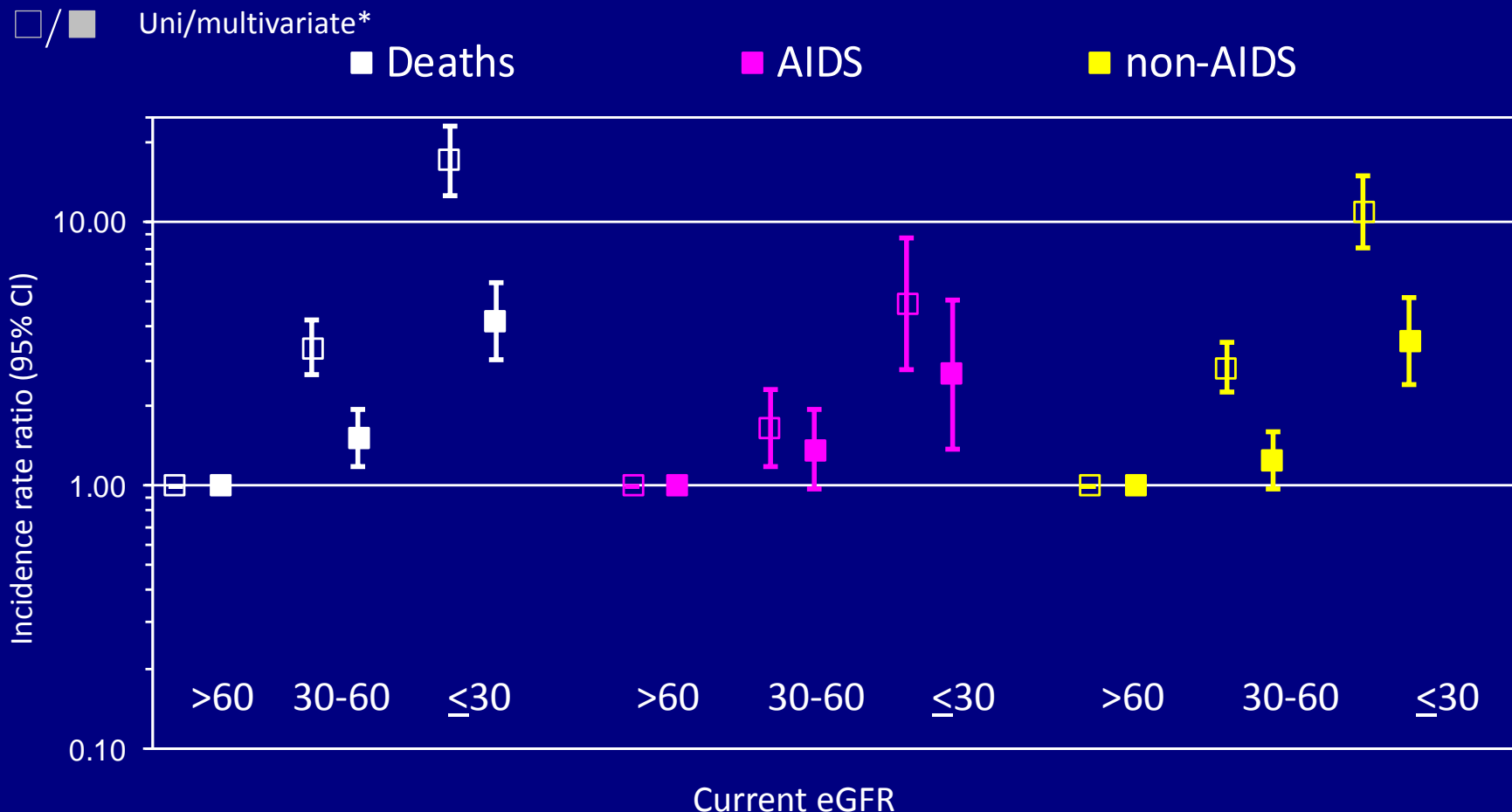
- 146857 eGFRs included
- 56452 PYFU
- Median 5.7 (IQR 3.3 – 7.2) yrs follow-up
- Median (IQR) 13 (6-18) eGFRs pp
- Median 3.7 (2.8-5.5) mths apart

# Crude incidence rates (/1000 PYFU)

## Deaths, AIDS and non-AIDS



# Incidence rate ratios of clinical events Current eGFR



\*Adjusted for gender, race, region of Europe, age, CD4 nadir, risk group, started cART, baseline date, AIDS and non-AIDS (all measured at baseline) and hepatitis B, hepatitis C coinfections, smoking status, diabetes, hypertension, anaemia, CD4, viral load (all time-updated) and development of a non-AIDS event as time-updated variables (AIDS events) or AIDS (non-AIDS events). as time-updated

# Incidence rate ratios of clinical events per 10% longer FU with eGFR $\leq$ 60

|          | Univariate |             |         | Multivariate* |             |         |
|----------|------------|-------------|---------|---------------|-------------|---------|
|          | IRR        | 95% CI      | P       | IRR           | 95% CI      | P       |
| Deaths   | 1.41       | 1.37 – 1.45 | <0.0001 | 1.24          | 1.19 – 1.28 | <0.0001 |
| AIDS     | 1.16       | 1.08 – 1.24 | <0.0001 | 1.15          | 1.06 – 1.24 | 0.0006  |
| Non-AIDS | 1.31       | 1.27 – 1.36 | <0.0001 | 1.14          | 1.09 – 1.19 | <0.0001 |

\*Adjusted for gender, race, region of Europe, age, CD4 nadir, risk group, started cART, baseline date, AIDS and non-AIDS (all measured at baseline) and hepatitis B, hepatitis C coinfections, smoking status, diabetes, hypertension, anaemia, CD4, viral load (all time-updated) and development of a non-AIDS event as time-updated variables (AIDS events) or AIDS (non-AIDS events). as time-updated

# Nadir eGFR and clinical events

- Nadir eGFR was not a strong predictor of clinical events after accounting for current eGFR

IRR (95% CI) for deaths (per 10 mL/min lower nadir eGFR)

| Univariate         | Multivariate*      |
|--------------------|--------------------|
| 1.20 (1.16 – 1.24) | 0.98 (0.94 – 1.03) |
| p<0.0001           | p=0.30             |

\*Adjusted for gender, race, region of Europe, age, CD4 nadir, risk group, started cART, baseline date, AIDS and non-AIDS (all measured at baseline) and hepatitis B, hepatitis C coinfections, smoking status, diabetes, hypertension, anaemia, CD4, viral load and current eGFR

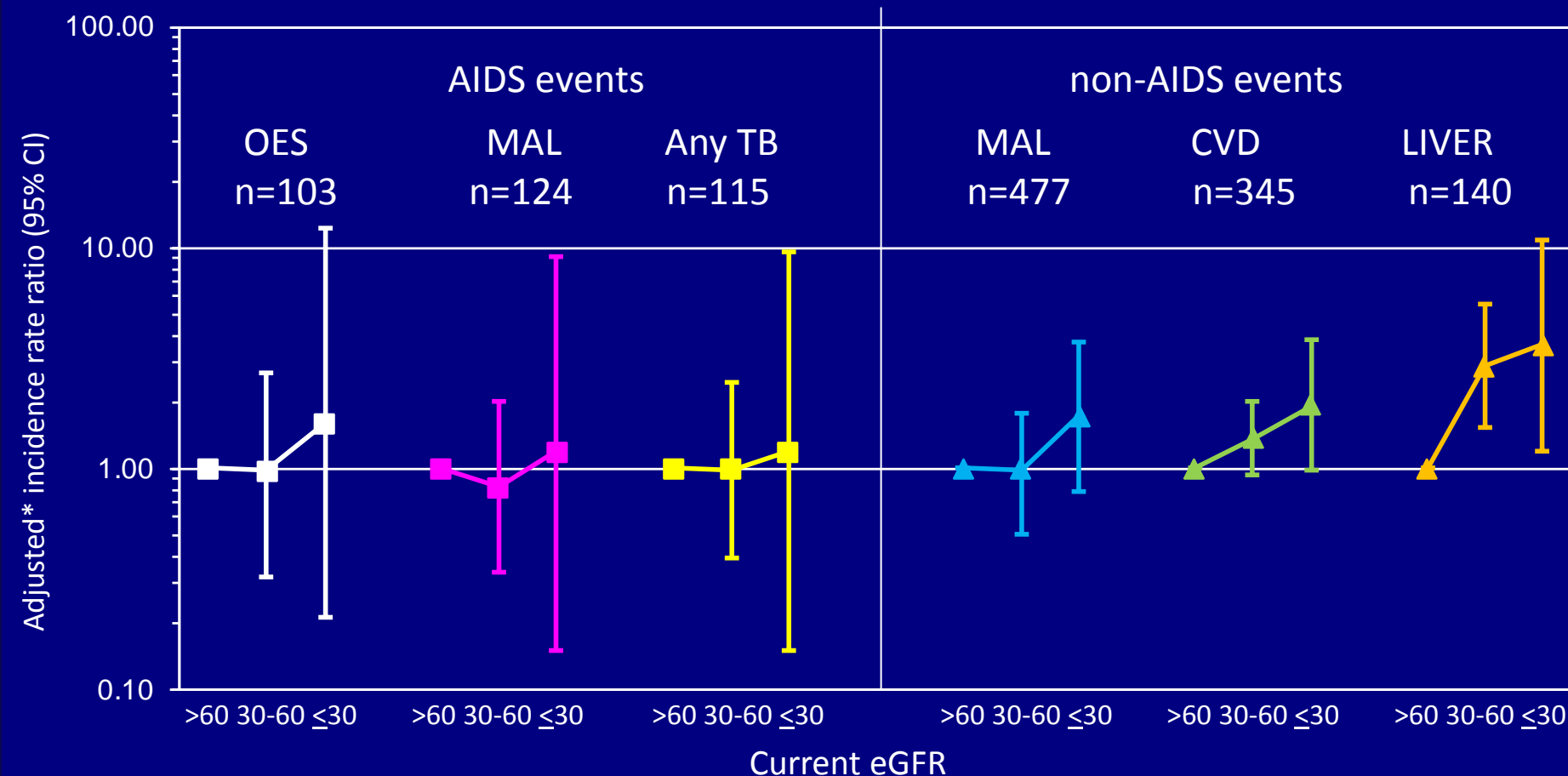
# Fatal versus non-fatal events

Adjusted\* incidence rate ratios (95% CI); p

|                                  | Fatal events                      | Non-fatal events                |
|----------------------------------|-----------------------------------|---------------------------------|
| <b>AIDS</b>                      | N=134                             | N=601                           |
| Current eGFR >60                 | 1.00                              | 1.00                            |
| 30-60                            | 2.56 (1.44 – 4.54); 0.0013        | 1.09 (0.73 – 1.62); 0.69        |
| ≤30                              | 4.26 (1.33 – 13.61); 0.015        | 1.96 (1.00 – 3.86); 0.051       |
| <i>%FU eGFR ≤60 (10% longer)</i> | <i>1.57 (0.88 – 2.82); 0.13</i>   | <i>0.78 (0.28 – 1.06); 0.11</i> |
| <b>Non-AIDS</b>                  | N=262                             | N=823                           |
| Current eGFR >60                 | 1.00                              | 1.00                            |
| 30-60                            | 1.41 (0.82 – 2.42); 0.21          | 1.09 (0.84 – 1.41); 0.52        |
| ≤30                              | 4.28 (2.26 – 8.09); <0.0001       | 1.72 (1.20 – 2.46); 0.0030      |
| <i>%FU eGFR ≤60 (10% longer)</i> | <i>1.90 (1.31 – 2.77); 0.0008</i> | <i>0.99 (0.82 – 1.21); 0.95</i> |

\*Adjusted for gender, race, region of Europe, age, CD4 nadir, risk group, started cART, baseline date, and hepatitis B, hepatitis C coinfections, smoking status, diabetes, hypertension, anaemia, CD4, viral load and development of a non-AIDS event as time-updated variables (AIDS events) or AIDS (non-AIDS events).

# Adjusted\* incidence rate ratios of individual clinical events (fatal and non-fatal; n>75) and current eGFR



\*Adjusted for gender, race, region of Europe, age, CD4 nadir, risk group, started cART, baseline date, AIDS and non-AIDS (all measured at baseline) and hepatitis B, hepatitis C coinfections, smoking status, diabetes, hypertension, anaemia, CD4, viral load (all time-updated) and development of a non-AIDS event as time-updated variables (AIDS events) or AIDS (non-AIDS events). as time-updated.

# Conclusions

- Lower current eGFR and higher %FU eGFR  $\leq 60$  were associated with death and non-AIDS events
- Consistent relationship between renal function and different non-AIDS events
- Relationship between renal function and AIDS was mainly explained by fatal AIDS events
- Stronger relationship with fatal events; a marker for clinical disease or a consequence of underlying deteriorating health?



# Implications

- Findings highlight the association between underlying renal dysfunction and morbidity/mortality in HIV infection
- Regular screening for non-renal morbidities is crucial in HIV-positive patients with chronic renal impairment
- Future studies could assess whether renal interventions lead to reduction in risk of non-AIDS events

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